The Musical Ethos of Orthodox Lenten Services

Vladimir Morosan

Musical ethos — the ability or power of music of varying character to influence the emotions and thoughts of the hearer.

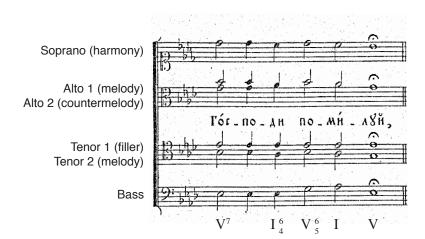
Ethos of Lenten services—repentance, return from exile, preparation for Pascha—governed textually by hymns of the Lenten Triodion.

Musically governed by "musical signals" or "auditory cues"—use of certain melodies, but even more so, today, use of certain harmonies.

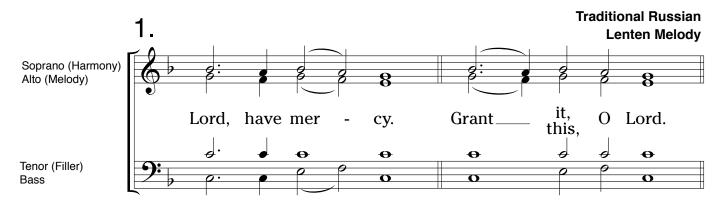
Litany responses have great potential to affect the musical ethos of a service.

In Slavic practice, the so-called "Lenten melody" marks the start of Great Lent; used during week-day lenten services only.

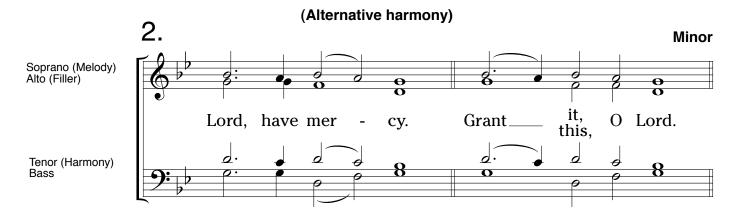
19th-century harmony has a very specific character—tense, unstable harmony. (Example 1)

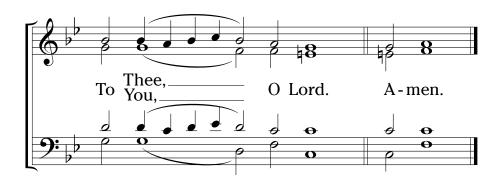


Lenten Litany Responses (revised)



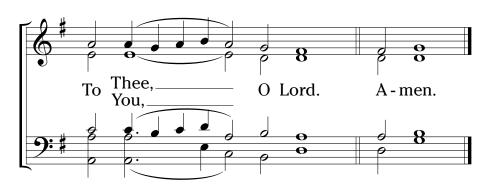




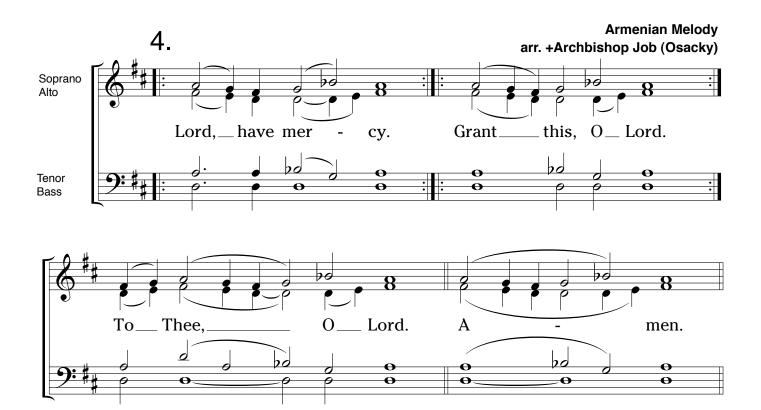


Lenten Litany Responses (Minor Harmony)

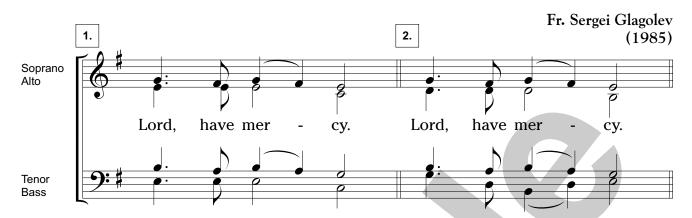




Litany Responses

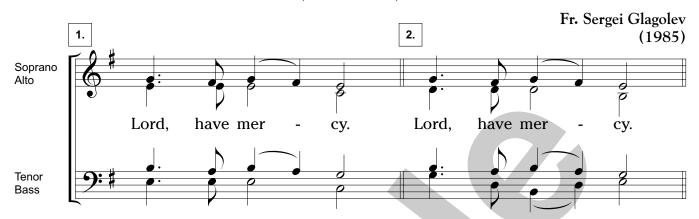


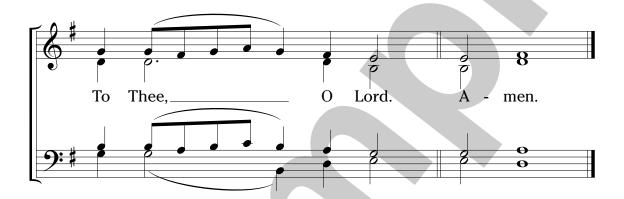
The Great Litany (No. 1)



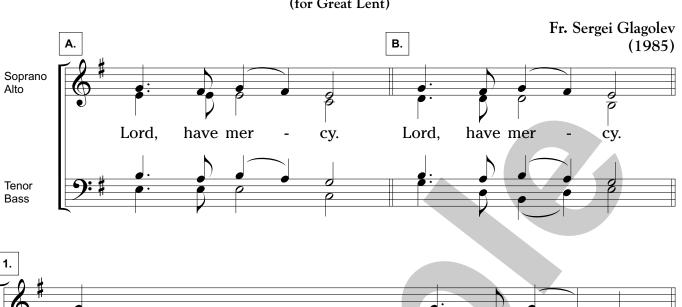


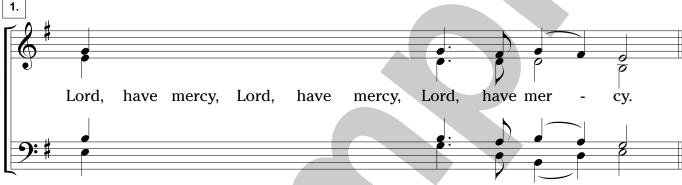
The Little Litany (No. 1)





The Augmented Litany (No. 1)



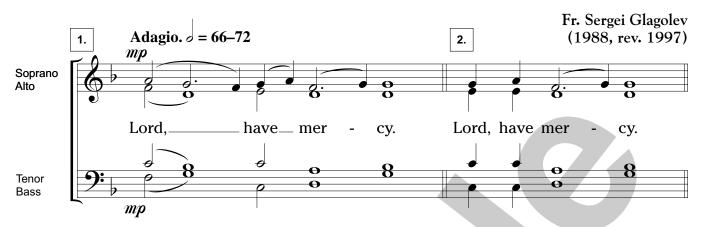




The Litany of Supplication (No. 1)

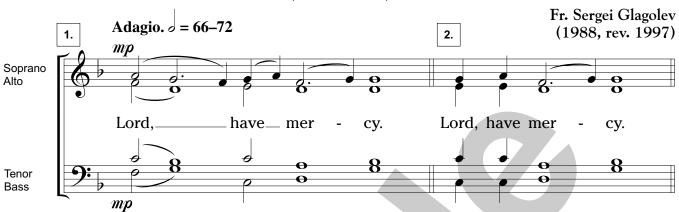


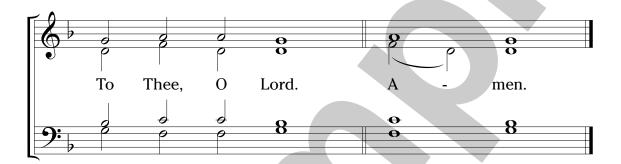
The Great Litany (No. 2)





The Little Litany (No. 2)

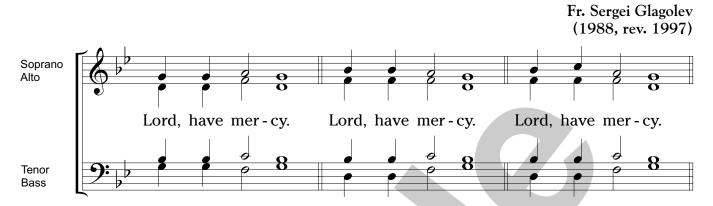


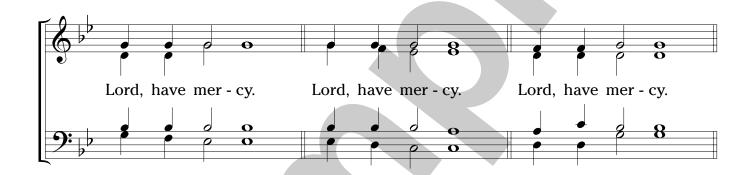


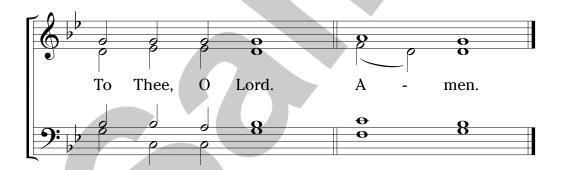
The Augmented Litany (No. 2)



Litany of the Catechumens





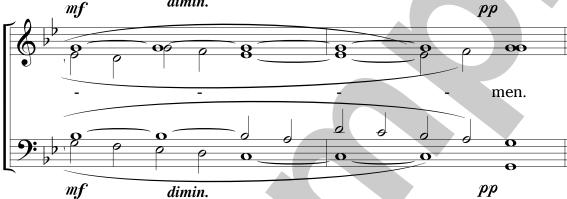


Litany of the Faithful

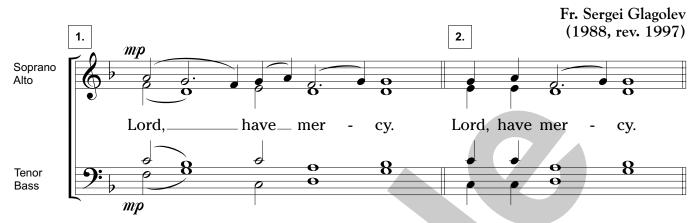
(for Great Lent)

Fr. Sergei Glagolev (1988, rev. 1997)





The Litany of Supplication (No. 2)







The First Antiphon

(Psalms 119 through 123)

Psalm 119 [120]

- R: In my distress I **cry** to the Lord, that He may **an**swer me.
- *L*: Deliver me, O Lord, from **ly**ing lips from a de**ceit**ful tongue.
- *R*: **What** shall be **giv**en to you and what more shall be done to you, you de**ceit**ful tongue?
- *L*: A warrior's sharp **ar**rows with glowing coals of the **broom** tree.
- R: Woe is me, that I sojourn in **Me**shech, that I dwell among the tents of **Ke**dar.
- *L*: Too long have I had my dwelling among those who **hate** peace. I am for peace; but when I speak, **they** are for war.

Psalm 120 [121]

- *R*: I lift up mine **eyes** to the hills. From whence does my **help** come?
- *L*: My help **comes** from the Lord, who made **heav**en and earth.
- *R*: He will not let your **foot** be moved. He who keeps you will not **slum**ber.
- *L*: Behold, He who keeps **Is**rael. will neither **slum**ber nor sleep.
- *R*: The Lord is your **keep**er. the Lord is your shade on your **right** hand.
- *L*: The sun shall not **smite** you by day nor the **moon** by night.
- *R*: The Lord will keep you from all **e**vil. He will **keep** your life.
- *L*: The Lord will keep your going out and your **com**ing in from this time forth and for**ev**er more.

Psalm 121 [122]

- R: I was glad when they said to me, "Let us go to the **house** of the Lord." Our feet have been standing within your gates, O Jerusalem.
- *L*: Jerusalem, built as a city bound firmly to**geth**er, to which the **tribes** go up,
- R: The tribes of the Lord, as was decreed for **Is**rael, to give thanks to the **name** of the Lord.
- *L*: **There** thrones for **judg**ment were set, the thrones of the house of **Da**vid.
- *R*: Pray for the peace of Jerusalem: "May they prosper who **love** you! Peace be within your walls and security within your **tow**ers!"
- L: For my brethren and companions' sake I will say, "Peace be within you."
- R: For the sake of the house of the **Lord our** God I will **seek** your good.

Psalm 122 [123]

- *L*: To You, I **lift** up mine eyes,
 You who are enthroned in the **heav**ens.
- *R*: Behold, as the eyes of a servant look to the hand of their **mas**ter, as the eyes of a maid to the hand of her **mis**tress,
- *L*: So our eyes look to the **Lord** our God till He have mercy up**on** us.
- *R*: Have mercy upon us, O Lord, have mercy upon us, for we have had more than **enough** of contempt.
- *L*: Too long our soul has been sated with the scorn of **those** who are at ease, the cont**empt** of the proud.

Psalm 123 [124]

- R: "If it had not been the Lord who was on our side," let **Is**rael now say:

 If it had not been the Lord who was on our side, when men rose up against us,
- L: Then they would have **swall**owed us alive, when their anger was kindled a**gainst** us.

- *R*: Then the flood would have **swept** us away.

 The torrent would have gone over us, the raging **wat**ers.
- L: **Bless**ed be the Lord, who has not given us as **prey** to their teeth.
- *R*: We have escaped as a bird from the snare of the **fowl**ers. The snare is broken and **we** have escaped.
- *L*: Our help is in the **name** of the Lord, who made **heav**en and earth.
- R: Glory to the Father, and to the Son, and to the Holy **Spir**it, now and ever, and unto ages of **ages**. Amen.
- L: Alleluia, alleluia, alleluia, Glory to **You**, O God.
- R: Alleluia, alleluia, alleluia, Glory to **You**, O God.
- R and L: Alleluia, alleluia, alleluia, Glory to **You**, O God.

The Second Antiphon

(Psalms 124 through 128)

Psalm 124 [125]

- *R*: Those who trust in the Lord are like Mount **Zi**on, which cannot be moved but abides for**ev**er.
- *L*: As the mountains are round about Je**ru**salem, so the Lord is round about His people from this time and for**ev**er more.
- R: For the scepter of wickedness shall not rest upon the land allotted to the righteous,

Lest the righteous put forth their **hands** to do wrong.

- *L*: Do good, O Lord, to **those** who are good, and to those who are **up**right in their hearts!
- *R*: But those who turn aside upon their crooked ways, the Lord will lead away with evil**do**ers.

Peace be in **Is**rael!

Psalm 125 [126]

- *L*: When the Lord brought back those who returned to **Zi**on, we were like **those** who dream.
- *R*: Then our mouth was filled with **laugh**ter, and our tongue with **shouts** of joy.
- *L*: Then they said among the nations, "The Lord has done **great** things for them."

The Lord has done great things for us, we are glad.

- *R*: Restore our **for**tunes, O Lord, like the watercourses in the **Ne**geb.
- L: May those who sow in tears reap with **shouts** of joy!He that goes forth weeping, bearing the seeds for **sow**ing,
- *R*: shall come home with **shouts** of joy, bringing his **sheaves** with him.

Psalm 126 [127]

L: Unless the Lord **builds** the house those who build it **la**bor in vain.

- R: Unless the Lord watches over the **ci**ty the watchman stays a**wake** in vain.
- L: It is in vain that you rise up early and go late to rest, eating the bread of anxious toil, so He gives to His beloved sleep.
- *R*: Lo, sons are a heritage from the Lord, the fruit of the **womb** a reward. Like arrows in the hand of a warrior are the **sons** of one's youth.
- *L*: Happy is the man who has his **quiv**er full of them!

 He shall not be put to shame when he speaks to his **en**emies in the gate.

Psalm 127 [128]

- *R*: Blessed is every one who **fears** the Lord, who **walks** in His ways.
- L: You shall eat the fruit of the **la**bor of your hands, You shall be happy and it shall be **well** with you.
- *R*: Your wife will be like a fruitful vine with**in** your house. Your children will be like olive shoots around your **ta**ble.
- L: Lo, thus shall the **man** be blest who **fears** the Lord!
- *R*: The Lord bless you from **Zi**on!

 May you see the prosperity of Jerusalem all the **days** of your life!
- L: May you see your children's **child**ren! Peace be upon **Is**rael!

Psalm 128 [129]

- R: "Sorely have they afflicted **me** from my youth," let **Is**rael now say:
- *L*: Sorely have they afflicted **me** from my youth, yet they have not prevailed a**gainst** me.
- *R*: The plowers **plowed** upon my back. They made long their **fur**rows.
- *L*: The Lord is **right**eous:

 He has cut the cords of the **wick**ed.
- R: May all who hate **Zi**on

be put to shame and turned backward!

- *L*: Let them be like the grass on the **house** tops, which withers be**fore** it grows up,
- *R*: with which the reaper does not **fill his** hand or the binder of sheaves his **bos**om,
- *L*: While those who pass by **do not** say:

 The blessing of the Lord be u**pon** you!
- *R*: We **bless** you in the **name** of the Lord.
- L: Glory to the Father, and to the Son, and to the Holy **Spir**it., now and ever, and unto ages of **ages**. Amen.
- R: Alleluia, alleluia, alleluia, Glory to **You**, O God.
- L: Alleluia, alleluia, alleluia, Glory to **You**, O God.
- R and L: Alleluia, alleluia, alleluia, Glory to You, O God.

The Third Antiphon

(Psalms 129 through 133)

Psalm 129 [130]

- R: Out of the depths I **cry** to You, O Lord, Lord, **hear** my voice.
- L: Let Your ears be at**ten**tive to the voice of my supplications.
- R: If You, O Lord, should mark in**iq**uities, Lord, **who** could stand.
- *L*: But there is for**give**ness with You, that You **may** be feared.
- R: I wait for the Lord

 My soul waits, and in His word, I hope.
- *L*: My soul waits for the Lord more than the watchman for the **morn**ing: more than the watchman for the **morn**ing.
- R: O Israel, **hope** in the Lord, for with the Lord there is **mer**cy,
- *L*: And with Him is plenteous re**demp**tion, and he will redeem Israel from all his in**iq**uities.

Psalm 130 [131]

- *R*: O Lord, my heart is **not** lifted up. Mine eyes are not **raised** too high.
- *L*: I do not occupy my**self with** things too great and too **mar**velous for me.
- R: But I have calmed and **qui**eted my soul like a child quieted at its **moth**er's breast.
- *L*: O Israel, **hope** in the Lord from this time forth and for**ev**er more!

Psalm 131 [132]

- *R*: Remember, O Lord, in David's **fav**or all the hardships **he** endured:
- *L*: How he **swore** to the Lord and vowed to the Mighty One of **Jac**ob:
- R: "I will not enter my house or get into my bed;I will not give sleep to mine eyes or slumber to mine eyelids
- L: until I find a **place** for the Lord, a dwelling for the Mighty One of **Jac**ob."
- R: Lo, we heard of it in **Eph**rathah, we found it in the fields of **Ja**ar.
- L: "Let us go to His **dwel**ling place!

 Let us worship at His **foot**stool!"
- *R*: Arise, O Lord, and go to Your **rest**ing place, You and the **ark** of Your might.
- *L*: Let Your priests be clothed with **right**eousness, and let Your saints **shout** for joy!
- *R*: For Your servant **Da**vid's sake,

 Do not turn away the face of Your a**noint**ed one!
- *L*: The Lord swore to David a **sure** oath from which He will **not** turn back:
- *R*: "One of the sons of your **bod**y I will **set** on your throne.
- *L*: If your sons keep my **cov**enant and my testimonies which I shall **teach** them,
- *R*: their sons also for **ev**er shall sit up**on** your throne.
- *L*: For the Lord has chosen **Zi**on, He has desired it for His habi**ta**tion:
- *R*: "This is my resting place for **ev**er. Here I will dwell, for I have de**sired** it.
- *L*: I will abundantly bless her provisions. I will satisfy her **poor** with bread.
- R: Her priests I will clothe with salvation, and her saints will **shout** for joy.

- *L*: There I will make a horn to sprout for **Da**vid. I have prepared a lamp for mine a**noint**ed.
- R: His enemies I will **clothe** with shame, but upon himself his crown will shed its **lus**ter."

Psalm 132 [133]

- *L*: Behold, how good and **pleas**ant it is when brothers dwell in **u**nity!
- *R*: It is like the precious **oil** upon the head running down up**on** the beard,
- L: the beard of **Aa**ron, running down on the **col**lar of his robes.
- *R*: It is like the dew of **Her**mon, which falls on the mountains of **Zi**on.
- *L*: For the Lord has commanded the **bless**ing: Life for **ev**ermore!

Psalm 133 [134]

- *R*: Come, bless the Lord, you **ser**vants of the Lord, who stand by night in the **house** of the Lord.
- *L*: Lift up your hands to the **ho**ly place and **bless** the Lord!
- *R*: May the Lord bless you from **Zi**on, He who made **heav**en and earth.
- L: Glory to the Father, and to the Son, and to the Holy **Spir**it., now and ever, and unto ages of **ages**. Amen.
- R: Alleluia, alleluia, alleluia, Glory to **You**, O God.
- L: Alleluia, alleluia, alleluia, Glory to **You**, O God.
- R and L: Alleluia, alleluia, alleluia, Glory to **You**, O God.

Wednesday of the Fifth Week of Great Lent - The 7th Kathisma

The First Antiphon

(Psalms 46 through 48)

Psalm 46 [47]

- R: Clap your hands, all ye **na**tions; shout unto God with a voice of re**joic**ing.
- *L*: For the Lord Most High is **ter**rible, a great King over **all** the earth.
- *R*: He hath subdued peoples **un**der us, and nations **un**der our feet.
- *L*: God is gone up in jubilation, the Lord with the voice of the **trum**pet.
- *R*: Sing praises unto our God, sing **prais**es; sing praises to our King, sing **prais**es.
- L: For God is king of **all** the earth, sing praises with under**stand**ing.
- *R*: God is king over the **na**tions; God sitteth upon His **ho**ly throne.
- L: The princes of the peoples are gathered together with the God of **A**braham; for God's mighty ones of the earth are greatly ex**alt**ed.

Psalm 47 [48]

- *R*: Great is the Lord, and greatly to be praised, in the **ci**ty of our God, in His holy mountain, in the well-rooted joy of **all** the earth;
- *L*: the mountains of Zion on the **sides** of the north, the city of the **great** King.
- *R*: God is known in her **tow**ers, when He cometh to **help** her.
- L: For lo, the kings of the earth were as**sem**bled; they came to**ge**ther.

R: When they saw her thus they marveled, they were troubled, they were **sha**ken,

trembling took hold of them; there were pangs as of a **wom**an in travail.

- *L*: With a vehement wind shalt Thou **shat**ter the ships of **Thars**is,
- R: Even as we have heard, so too we have seen in the city of the Lord of hosts, in the city of our God.God hath laid her foundations unto eternity.
- *L*: We have thought, O God, of Thy **mer**cy in the midst of Thy **peo**ple.
- *R*: According to Thy Name, O God, so is Thy praise also unto the **ends** of the earth;

Thy right hand is full of **right**eousness.

- *L*: Let Mount Zion be glad, and let the daughters of Ju**de**a rejoice, because of Thy **judg**ments, O Lord.
- *R*: Encircle Zion and encompass her; tell her story in her **tow**ers. Set your hearts upon her strength, and consider her bulwarks, that ye may tell it to another generation.
- *L*: For He is our God forever, yea forever and **ev**er; He shall shepherd us unto the **ag**es.

Psalm 48 [49]

- R: Hear this, all ye **na**tions; give ear, all ye that in**ha**bit the world,
- *L*: both ye that are born of earth, and ye **sons** of men, rich and poor men to**ge**ther.
- *R*: My mouth shall speak **wis**dom, and the meditation of my heart shall be of under**stand**ing.
- L: I will incline mine ear unto a **par**able; I will unfold my problem on the **psal**tery.

- R: Wherefore should I fear in an **e**vil day?

 The iniquity at my heel shall **com**pass me about.
- L: There are some that **trust** in their strength, and boast themselves in the multitude of their **rich**es.
- R: A brother can**not** redeem; shall a **man** redeem?
- L: He shall not give to God a **ran**som for himself, nor the price of the redemption of his own soul, though he hath labored forever, and shall **live** to the end.
- *R*: For he shall not see cor**rup**tion, when he shall see wise men **dy**ing.
- *L*: The mindless man and the witless shall perish to**geth**er, and they shall leave their riches to **oth**ers.
- *R*: And their graves shall be their houses unto e**ter**nity, their dwelling places unto generation and generation, though they have called their lands after their **own** names.
- *L*: And man, being in honor, did not **un**derstand; he is compared to the mindless cattle, and is become **like** unto them.
- *R*: This way of theirs is a **stum**bling-block for them, yet afterwards they will **please** with their mouth.
- *L*: Like sheep they are laid in **Ha**des; death shall be their **shep**herd.
- R: And the upright shall have dominion over them in the morning, and their help shall wax old in Hades; they have been cast out from their glory.
- L: Yet God shall redeem my soul out of the hand of **Ha**des, when he re**cei**veth me.
- *R*: Be not afraid when a man be**com**eth rich, nor when the glory of his **house** is increased.

- *L*: For when he dieth he shall carry **noth**ing away, nor shall his glory descend **af**ter him.
- *R*: For his soul shall be blessed in his **life**time; he will acknowledge Thee while Thou doest **good** unto him.
- *L*: He shall enter into the generation of his **fa**thers; he shall not see light unto e**ter**nity.
- *R*: And man, being in honor, did not **un**derstand; he is compared to the mindless cattle, and is become **like** unto them.
- *L*: Glory to the Father, and to the Son, and to the Holy **Spir**it, now and ever, and unto ages of **ages**. Amen.
- R: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.
- L: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.
- R and L: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.

The Second Antiphon

(Psalms 49 through 50)

Psalm 49 [50]

- *R*: The God of gods, the Lord, hath **spo**ken, and He hath called the earth from the rising of the sun and unto the **set**ting thereof.
- L: Out of **Zi**on is the magnificence of His **come**liness.
- R: God shall come **vis**ibly, yea, our God, and shall not keep **si**lence.
- *L*: Fire shall blaze be**fore** Him, and round about Him shall there be a mighty **tem**pest.
- *R*: He shall summon **Hea**ven above and the earth that He may judge His **peo**ple.
- *L*: Gather together unto Him His **ho**ly ones who have established His covenant upon **sac**rifices.
- *R*: And the Heavens shall declare His **right**eousness, for **God** is judge.
- L: Hear, O my people, and I will speak unto thee, O Israel, and I will testify against thee;
 I am God, thy God.
- *R*: Not for sacrifices will I re**prove** thee; nay, thy whole-burnt offerings are continually be**fore** Me.
- *L*: I will not welcome bullocks **out** of thy house, nor he-goats **out** of thy flocks.
- *R*: For Mine are all the **beasts** of the field, cattle on the mountains, and **ox**en.

- *L*: I know all the **fowls** of the air, and with Me is the **beau**ty of the field.
- R: If I hunger, not to thee will I **tell** it; for Mine is the world, and the **full**ness thereof.
- L: Shall I eat of the **flesh** of bulls?

 Or the blood of goats, shall I **drink** it?
- *R*: Sacrifice unto God a **sac**rifice of praise, and pay unto the Most **High** thy vows.
- *L*: And call upon Me in the day of thine af**flic**tion, and I will deliver thee, and thou shalt **glo**rify Me.
- R: But unto the sinner God hath said:
 "Why declarest thou My statutes and takest up My covenant in thy mouth?
- *L*: Thou hast hated in**struc**tion, and hast cast out My words be**hind** thee.
- *R*: If thou sawest a thief, thou didst **run** with him; and with the adulterer thou hast set thy **por**tion.
- *L*: Thy mouth hath abounded with **e**vil, and thy tongue hath **wo**ven deceits.
- *R*: Thou didst sit down and speak against thy brother, and against thine own mother's son didst thou lay a **stum**bling-block; these things thou didst, and I kept **si**lence.
- *L*: Thou didst think an iniquity that I should be **like** unto thee; I will reprove thee, and bring thy sins be**fore** thy face.
- R: Wherefore, understand these things, ye that for**get** God, lest He snatch you away and there be none to deliver you.
- L: A sacrifice of praise shall **glo**rify Me, and there is the way wherein I shall show unto him My salvation."

Psalm 50 [51]

- R: Have mercy on me, O God, according to Thy Great **Mer**cy; and according to the multitude of Thy compassions blot out my trans**gres**sion.
- *L*: Wash me thoroughly from mine in**iq**uity, and **cleanse** me from my sin.
- *R*: For I know mine in**iq**uity, and my sin is ever be**fore** me.
- L: Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when **Thou** art judged.
- *R*: For behold, I was conceived in i**ni**quities, and in sins did my mother **bear** me.
- L: For behold, Thou hast **loved** truth; the hidden and secret things of Thy wisdom hast Thou made **man**ifest unto me.
- *R*: Thou shalt sprinkle me with hyssop, and I shall be **made** clean; Thou shalt wash me, and I shall be made **whi**ter than snow.
- *L*: Thou shalt make me to hear joy and **glad**ness; the bones that be humbled, **they** shall rejoice.
- *R*: Turn Thy face away from my sins, and blot out all mine iniquities.
- L: Create in me a **clean** heart, O God, and renew a right spirit with**in** me.
- *R*: Cast me not away from Thy **pres**ence, and take not Thy Holy **Spir**it from me.
- L: Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.
- *R*: I shall teach trans**gres**sors Thy ways, and the ungodly shall turn **back** unto Thee.

- *L*: Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy **right**eousness.
- *R*: O Lord, Thou shalt **op**en my lips, and my mouth shall de**clare** Thy praise.
- *L*: For if Thou hadst desired sacrifice, I had **giv**en it; with whole-burnt offerings Thou shalt **not** be pleased.
- *R*: A sacrifice unto God is a broken **spir**it; a heart that is broken and humbled God will **not** despise.
- *L*: Do good, O Lord, in Thy good pleasure unto **Zi**on, and let the walls of Jerusalem **be** built up.
- *R*: Then shalt Thou be pleased with a sacrifice of **right**eousness, with oblation and whole-burnt **of**ferings.
- L: Then shall they offer **bull**ocks upon Thine **al**tar.
- R: Glory to the Father, and to the Son, and to the Holy **Spir**it, now and ever, and unto ages of **ages**. Amen.
- L: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.
- R: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.
- R and L: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.

The Third Antiphon

(Psalms 51 through 54)

Psalm 51 [52]

- L: Why dost thou boast in evil, O mighty man, and in iniquity **all** the day long? Thy tongue hath devised unrighteousness, like a sharpened razor hast thou **wrought** deceit.
- *R*: Thou hast loved evil more than **good**ness, unrighteousness more than to speak **right**eousness.
- *L*: Thou hast loved all the words of en**gulf**ing ruin, and a de**ceit**ful tongue.
- *R*: Wherefore, God will des**troy** thee at the end,
 He will pluck thee out and remove thee from thy dwelling place, and thy
 root out of the land of the living.
- L: The righteous shall **see** and fear, and shall **laugh** at him, and say:
- *R*: Lo, this is the man that made not God his helper, but trusted in the abundance of his **rich**es, and strengthened himself in his **van**ity.
- L: But as for me, I am like a fruitful olive tree in the **house** of the Lord; I have hoped in the mercy of God forever, and unto the ages of **ages**.
- *R*: I will give praise unto Thee forever, for what **Thou** hast done, and I will wait on Thy Name, for it is good be**fore** Thy saints.

Psalm 52 [53]

- L: The fool hath said in his heart: There is no God.They are corrupt and are abominable in iniquities; there is none that doeth good.
- *R*: God looked down from heaven upon the **sons** of man, to see if there be any that understand or **seek** after God.
- *L*: They are all gone astray, they are altogether rendered **use**less; there is none that doeth good, **no** not one.

- *R*: Shall not all they that work iniquity come to under**stand**ing, they that eat up my people as they **eat** bread?
- L: They have not **called** upon the Lord.

 There have they feared with fear where no **fear** is.
- *R*: For God hath scattered the bones of man-**plea**sers; they have been put to shame, because God hath **set** them at nought.
- L: Who shall give out of Zion the salvation of **Is**rael? When God hath turned back the captivity of His people, Jacob shall rejoice and **Is**rael shall be glad.

Psalm 53 [54]

- *R*: O God, in Thy Name **save** me, and in Thy strength do Thou **judge** me.
- L: O God, **hear**ken unto my prayer, give ear unto the **words** of my mouth.
- R: For strangers are risen up against me, and mighty men have sought after my soul and have not set God before themselves.
- *L*: For behold, God **help**eth me, and the Lord is the pro**tect**or of my soul.
- *R*: He will bring evils upon mine **en**emies. Utterly des**troy** them by Thy truth.
- L: Willingly shall I **sac**rifice unto Thee; I will confess Thy Name, O Lord, for **it** is good.
- *R*: For out of every affliction hast Thou de**liv**ered me, and mine eye hath looked down upon mine **en**emies.

[Stop and wait until the Holy Gifts are transfered from the altar to the prothesis table.]

Psalm 54 [55]

- *L*: Give ear, O God, unto my prayer, and disdain not my supplication; attend unto me, and **hear** me.
- R: I was grieved in my meditation, and I was troubled at the voice of the enemy and at the oppression of the **sin**ner;

- *L*: because they have turned iniquity up**on** me, and with wrath were they angry a**gainst** me.
- *R*: My heart is troubled with**in** me, and the terror of death is fallen up**on** me.
- L: Fear and trembling are come up**on** me, and darkness hath **cov**ered me.
- R: And I said: Who will give me **wings** like a dove? And I will fly, and **be** at rest.
- L: Lo, I have fled a**far** off and have dwelt in the **wil**derness.
- *R*: I waited for God that **sav**eth me from faintheartedness and from **tem**pest.
- *L*: Plunge them into the depths, O Lord, and di**vide** their tongues, for I have seen iniquity and gainsaying in the **ci**ty.
- *R*: Day and night they go round about her up**on** her walls; iniquity and toil and unrighteousness are in the **midst** of her.
- L: And usury and deceit have not departed from her streets.
- *R*: For if mine enemy had reviled me, I might have endured it.
- L: And if he that hateth me had spoken boastful words against me, I might have **hid** myself from him.
- *R*: But thou it was, O man of like **soul** with me, my guide and my fa**mil**iar friend,
- *L*: Thou who together with me didst **sweet**en my repasts; in the house of God I walked with thee in **one**ness of mind.
- *R*: Let death come up**on** such ones, and let them go down alive into **Had**es.
- *L*: For wickedness is in their **dwell**ings, and in the **midst** of them.

- *R*: As for me, unto **God** have I cried, and the Lord **hear**kened unto me.
- *L*: Evening, morning, and noonday will I tell of it and will de**clare** it, and He will **hear** my voice.
- *R*: He will redeem my soul in peace from them that draw **nigh** unto me, for they among many were **with** me.
- L: God will hear, and He will **hum**ble them, He that is before the **ages**.
- *R*: For to them there is no requital, because they have not **feared** God; He hath stretched forth His hand in retri**bu**tion.
- L: They have defiled His **cov**enant; they were scattered by the wrath of His countenance, and their **hearts** have convened.
- *R*: Their words were **smooth**er than oil, and **yet** they are darts.
- L: Cast thy care upon the Lord, and He will **nou**rish thee; He will never permit the righteous to be **shak**en.
- *R*: But Thou, O God, shalt **bring** those men down into the pit of dest**ruc**tion.
- L: Bloody and deceitful men shall not live out **half** their days; but as for me, O Lord, I will **hope** in Thee.
- R: Glory to the Father, and to the Son, and to the Holy **Spir**it., now and ever, and unto ages of **ages**. Amen.
- L: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.
- R: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.
- R and L: Alleluia, alleluia, alleluia, Glory to **Thee**, O God.

Akathist Pattern



The Akathist Hymn

ALLELUIA

ia,

Alleluia, al - le - lu

Ω

Traditional Russian Akathist melody al - le - lu - ia.

Ω

Tenor Bass

Soprano Alto

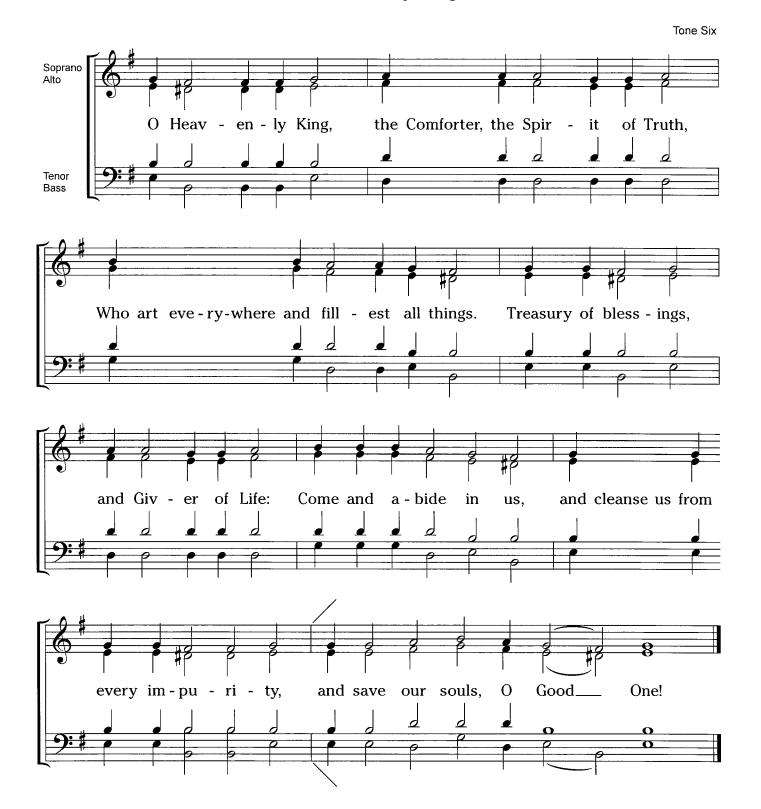
The Service of the



St. Katherine Orthodox Church



O Heavenly King



The SERVICE of the AKATHIST HYMN

PRIEST: Blessed is our God, Now and ever and unto the ages of ages.

CHOIR: Amen.

CHOIR: O Heavenly King, the Comforter, the Spirit of Truth; Who art everywhere present and fillest all things; Treasury of blessings

everywhere present and fillest all things; Treasury of blessings and Giver of Life; come and abide in us and cleanse us from

every impurity, and save our souls, O Good One.

Reader: Holy God! Holy Mighty! Holy Immortal! Have mercy upon us.

(3x)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever and unto the ages of ages. Amen.

O Most-holy Trinity, have mercy upon us. O Lord, blot out our sins. O Master pardon our iniquities. O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever and unto the ages of ages. Amen.

Our Father Who art in the heavens, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the Power, and the Glory: now

and ever and unto the ages of ages.

Reader: Amen. Lord have mercy. (12x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Come, let us worship God, our King!

Come, let us worship and fall down before Christ, our King and our God!

Come, let us worship and fall down before Christ Himself our King and our God!

PSALM 69

O God, be attentive unto helping me;

O Lord, make haste to help me.

Let them be shamed and confounded

that seek after my soul.

Let them be turned back and brought to shame

that desire evils against me.

Let them be turned back straightway in shame

that say unto me: Well done! Well done!

Let them be glad and rejoice in Thee all that seek after Thee, O God, and let them that love Thy salvation say continually: The Lord be magnified.

But as for me, I poor and needy;

O God, come unto mine aid.

My helper and my deliverer art Thou, O Lord;

make no long tarrying.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness.

And enter not into judgment with Thy servant,

for in Thy sight shall no man living be justified.

For the enemy had persecuted my soul;

he hath humbled my life down to the earth.

He hath sat me in darkness

as those that have been long dead,

and my spirit within me is become despondent;

within me my heart is troubled.

I remembered days of old, I meditated on all Thy works,

I pondered on the creations of Thy hands.

I stretched forth my hands unto Thee;

my soul thirsteth after Thee like a waterless land.

Quickly hear me, O Lord;

my spirit hath fainted away.

Turn not Thy face away from me,

lest I be like unto them that go down into the pit.

Cause me to hear Thy mercy in the morning;

for in Thee have I put my hope.

Cause me to know, O Lord, the way wherein I should walk;

for unto Thee have I lifted up my soul.

Rescue me from mine enemies, O Lord;

unto Thee have I fled for refuge.

Teach me to do Thy will,

for Thou art my God.

Thy good spirit shall lead me in the land of uprightness;

for Thy names's sake, O Lord, shall Thou quicken me.

In Thy righteousness shalt Thou bring my soul out of affliction,

and in Thy mercy shall Thou utterly destroy mine enemies.

Thou shall cut off all them that afflict my soul,

for I am Thy servant.

Hearken unto me, O Lord, in Thy righteousness,

and enter not into judgment with Thy servant. (2x)

Thy good spirit shall lead me in the land of uprightness.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to Thee O God. (3x)

THE LESSER DOXOLOGY

Glory be to God on high,

and on earth peace, good will toward men.

We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory.

O Lord, Heavenly King, God the Father almighty;

O Lord, the only-begotten Son, Jesus Christ; and the Holy Spirit.

O Lord God, lamb of God, Son of the Father,

that takest away the sin of the world, have mercy on us.

Thou that takest away the sins of the world,

receive our prayer.

Thou that sittest at the right hand of the Father, have mercy on us.

For Thou alone art holy. Thou alone art Lord, Jesus Christ, in the glory of God the Father. Amen.

Every day I will bless Thee and praise Thy name forever, even unto ages of ages.

Lord, Thou hast been our refuge from generation to generation.

I said: O Lord, have mercy on me;

heal my soul, for I have sinned against Thee.

Lord, unto Thee have I fled for refuge;

teach me to do Thy will, for Thou art my God.

For in Thee is the fountain of life;

in Thy light shall we see light.

O continue Thy mercy unto them that know Thee.

Vouchsafe, O Lord, to keep us this night without sin.

Blessed art Thou, O Lord, the God of our fathers,

and praised and glorified is Thy name forever. Amen.

Let Thy mercy be upon us, O Lord, even as we have set our hope on Thee.

Blessed art Thou, O Lord; teach me Thy statutes. Blessed art Thou, O Master: make me to understand Thy commandments. Blessed art Thou, O Holy One: enlighten me with Thy precepts.

O Lord, Thy mercy is from everlasting; despise not the works of Thy hands.

To Thee belongeth praise, to Thee belongeth a song, to Thee belongeth glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

THE SYMBOL OF FAITH

I believe in one God, the Father almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages.

Light of Light: true God of true God; begotten, not made; of one essence with the Father, by whom all things were made; who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried.

And the third day he rose again, according to the Scriptures, and ascended into heaven, and sits at the right hand of the Father; and he shall come again with glory to judge the living and the dead; whose Kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, who proceeds from the Father;

who with the Father and the Son together is worshipped and glorified; who spoke by the prophets.

In one Holy Catholic, and Apostolic Church.

I confess one baptism for the remission of sins.

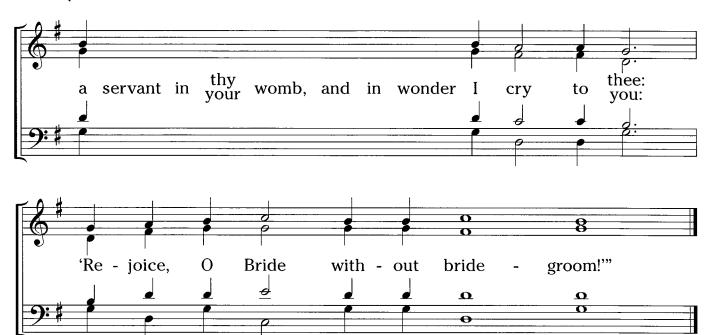
I look for the resurrection of the dead, and the life of the age to come. Amen.



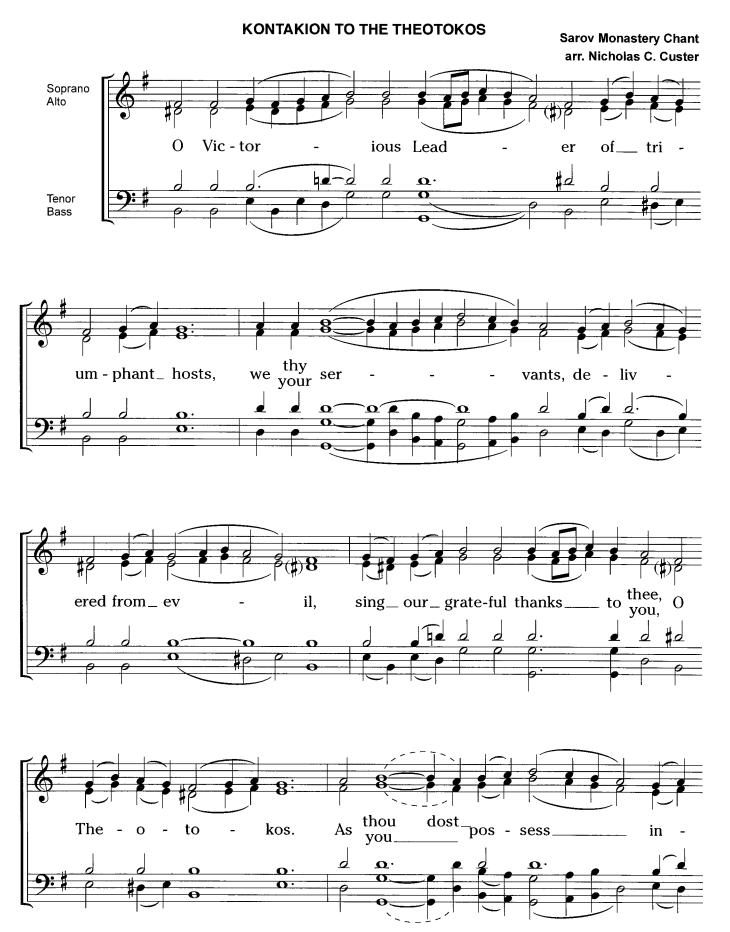
Akathist to the Most Holy Theotokos



Akathist: Troparion - 2



O Victorious Leader - A





Akathist to the Most Holy Theotokos - B



The Akathist Hymn





Section One. The Annunciation

Ikos 1

A prince of the angels was sent from heaven, to say to the Theotokos, 'Rejoice!' [3x] And as, at his bodiless voice, he saw Thee, Lord, embodied, he was astounded and stood still, crying out to her like this:

Rejoice, thou through whom joy will shine out,

Rejoice, thou through whom the curse will cease.

Rejoice, recalling of fall-en Ad-am,

Rejoice, redemption of the tears of Eve. /

Rejoice, height hard to climb for hu-man thoughts,

Rejoice, depth hard to scan even for an-gels' eyes.

Rejoice, for thou art *a* throne for the King,

Rejoice, for thou dost carry the One who carries all. /

Rejoice, star that *makes* vis-i-ble the Sun,

Rejoice, womb of divine in-car-na-tion.

Re**joice**, thou through whom *cre-***a**-tion is renewed.

Re**joice**, thou through whom the *Cre-a*-tor becomes a babe.//

Rejoice, Bride with-out bride-groom.

Kontakion 1

But the holy Virgin, seeing herself pure, says boldly to Gabriel, 'The strangeness of thy words seems hard for my soul to accept. For from a conception without seed thou foretellest pregnancy, as thou criest: Alleluia!'



Calling to the ministering angel, the Virgin sought to know unknown knowledge, 'From a pure womb how can a son be born? Tell me.' He spoke to her in fear, only crying out:

Rejoice, initiate of an in-ef-fa-ble coun-sel,

Rejoice, faith in things that de-mand si-lence.

Rejoice, beginning of *Christ's* won-ders,

Rejoice, crown of his teach-ings. /

Rejoice, heavenly ladder by which God_ came down,

Rejoice, bridge, leading those from earth to heav-en.

Rejoice, wonder well-known among the an-gels,

Rejoice, wound much lamented by the de-mons. /

Rejoice, for ineffably thou gav-est birth to the Light,

Rejoice, for to none didst thou reveal the mys-te-ry.

Re**joice**, thou that surpassest *the* **knowl**-edge of the wise,

Rejoice, thou that pourest light on the minds of be-liev-ers.//

Rejoice, Bride with-out bride-groom.

Kontakion 2

Divine power of the Most High then overshadowed for conception the one who knew not wedlock. And He made her womb fruitful as a fertile field for all who wish to reap salvation as they sing: Alleluia!

Enclosing God within her womb, the Virgin hastened to Elizabeth; whose infant at once recognized her greeting, and rejoicing with leaps as though with songs, cried out to the Theotokos:

Rejoice, vine with a branch that does *not* with-er,

Rejoice, orchard of fruit that bears no taint.

Re**joice**, for thou dost husband the Husbandman *who* **lov**-eth mankind,

Rejoice, for thou dost cultivate the Cul-ti-va-tor of our life./

Re**joice**, plow-land yielding a rich harvest of *com*-pas-sion,

Rejoice, table laden with abundance of mer-cy.

Rejoice, for thou makest the meadow of de-light flow-er again,

Rejoice, for thou makest ready a ha-ven for the soul. /

Rejoice, acceptable incense of in-ter-ces-sion,

Rejoice, propitiation for the whole world.

Rejoice, good pleasure of God towards mor-tals,

Rejoice, freedom of speech of mor-tals towards God. / /

Rejoice, Bride with-out bride-groom.

Kontakion 3

Feeling in himself a storm of doubtful thoughts, prudent Joseph was troubled, seeing that thou wast unwedded, and he suspected a stolen union, blameless Maiden. But when he learnt that thy conceiving was from the Holy Spirit, he said: Alleluia!

LITTLE LITANY

PRIEST: Again, and again, in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST: Help us save us, have mercy on us, and keep us, O God, by Thy

grace.

CHOIR: Lord, have mercy.

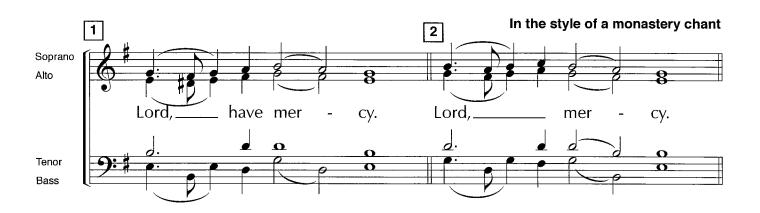
PRIEST: Commemorating our most holy, most pure, most blessed and

glorious lady Theotokos and ever-virgin Mary with all the saints, let us commend ourselves and each other and all our life unto

Christ our God.

CHOIR: To Thee, O Lord.

The Little Litany





PRIEST: For Thou art the King of Peace and the Saviour of our souls and

unto Thee do we send up glory: to the Father, and to the Son,

and to the Holy Spirit, now and ever, and unto the ages of ages.

CHOIR: Amen.

Section 2. On the Nativity

Ikos 4

God's coming in the flesh the Shepherds heard the angels praising. And hastening as to a shepherd, they see Him as a spotless Lamb being pastured in the womb of Mary. Praising her they said:

Rejoice, mother of the lamb and shep-herd,

Re**joice**, fold *of* **spir**-it-ual sheep.

Rejoice, defense a-gainst un-seen foes.

Rejoice, key that opens the doors of Par-a-dise./

Rejoice, for things in heaven ex-ult_ with earth,

Rejoice, for things on earth rejoice with heav-en.

Rejoice, never-silent voice of the A-pos-tles.

Rejoice, never-conquered courage of the Cham-pions.

Re**joice**, firm *foun-***da**-tion of the Faith,

Rejoice, shining rev-e-la-tion of Grace.

Rejoice, through whom Hell was stripped bare,

Re**joice**, through whom we were clothed *with* **glo-**ry.//

Rejoice, Bride with-out bride-groom.

Kontakion 4

Having seen a star leading to God, Magi followed its radiance. Holding to it as a beacon, through it they searched for a mighty king. And having attained the Unattainable they rejoiced and cried to Him: Alleluia!

In the hands of the Virgin children of the Chaldeans saw the One who with His hands fashioned mankind. And knowing Him to be their Master, though He had taken the form of a servant, they hastened to honor Him with their gifts and to cry to the Blessed Maiden:

Rejoice, mother of the star that never sets,

Rejoice, radiance of the mys-tic-al day.

Rejoice, for thou didst quench the furnace of de-cep-tion,

Rejoice, for thou didst enlighten the initiates of the Trin-i-ty. /

Rejoice, for thou didst cast out from his rule the inhu-man ty-rant,

Re**joice**, for thou didst reveal Christ, the Lord *who* **loves** mankind.

Rejoice, deliverance from pa-gan wor-ship,

Rejoice, liberation from filth-y deeds. /

Rejoice, for thou didst end the wor-ship of fire,

Rejoice, for thou didst deliver from the flame of pas-sions.

Rejoice, guide of believers to chas-ti-ty,

Rejoice, joy of all gen-er-a-tions. / /

Rejoice, Bride with-out bride-groom.

Kontakion 5

Journeying back to Babylon, for they had fulfilled the prophecy concerning thee, the Magi, become God-bearing heralds, proclaimed Thee to all as Christ, leaving Herod like an idiot who did not know how to sing: Alleluia!

Kindling in Egypt the light of truth, Thou didst dispell the darkness of falsehood. For its idols, O Savior, not able to withstand Thy strength, fell down, while those who were delivered from them cried out to the Theotokos:

Rejoice, restoration of hu-mans, Rejoice, downfall of the de-mons,

Re**joice**, for thou didst trample on the error of *de-***cep**-tion,

Rejoice, for thou didst expose the trickery of i-dols. /

Rejoice, sea that drowned the Pha-raoh of the mind,

Rejoice, rock that gave drink to those thirst-ing for life.

Rejoice, pillar of fire, guiding those in dark-ness,

Rejoice, protection of the world, wid-er than the cloud./

Rejoice, food that replaced the man-na,

Rejoice, minister of ho-ly delight.

Re-joice,_ prom-ised land:

Rejoice, source of milk and hon-ey.//

Rejoice, Bride with-out bride-groom.

Kontakion 6

When Symeon was about to depart from this present age of deception, Thou wast given to him as a babe, but Thou wast known to him also as perfect God. And so, struck with amazement at Thine ineffable wisdom, he cried: Alleluia!

Choir: O victorious leader of triumphant hosts!

We, thy servants, delivered from evil,

sing our grateful thanks to thee, O Theotokos!

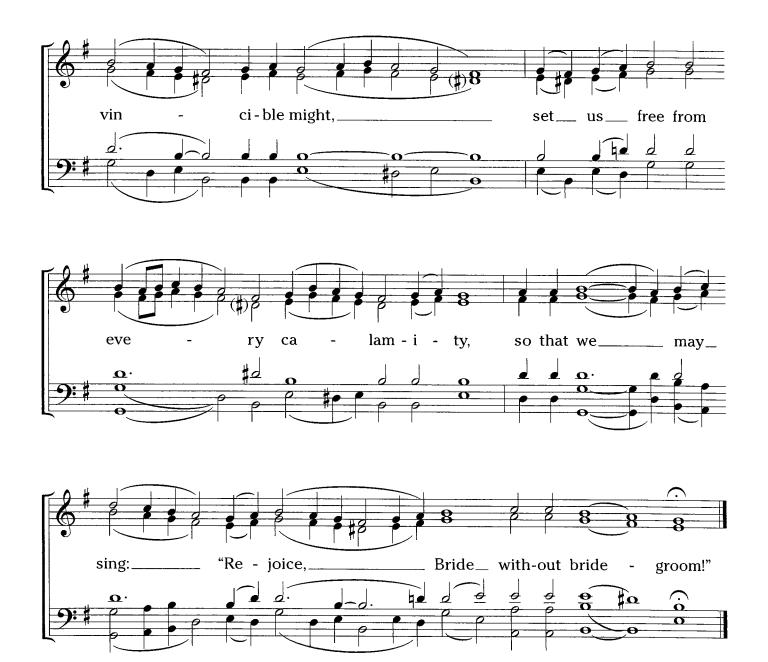
As thou dost possess invincible might

set us free from every calamity

so that we may sing: Rejoice, O unwedded Bride!

O Victorious Leader - A





Akathist to the Most Holy Theotokos -B



PSALM 50

READER: Have mercy on me, O God,

according to Thy great mercy;

and according to the multitude of Thy compassions

blot out my transgression.

Wash me thoroughly from mine iniquity,

and cleanse me from my sin.

For I know mine iniquity,

and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee,

that Thou mightest be justified in Thy words,

and prevail when Thou are judged.

For behold, I was conceived in iniquities,

and in sins did my mother bear me.

For behold, Thou hast loved truth;

the hidden and secret things of Thy wisdom

hast Thou made manifest unto me.

Thou shalt sprinkle me with hyssop,

and I shall be made clean;

Thou shalt wash me,

and I shall be made whiter than snow.

Thou shalt make me to hear joy and gladness;

the bones that be humbled, they shall rejoice.

Turn Thy face away from my sins,

and blot out all mine iniquities.

Create in me a clean heart, O God,

and renew a right spirit within me.

Cast me not away from Thy presence,

and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation,

and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways,

and the ungodly shall turn back unto Thee.

Deliver me from blood-guiltiness, O God, Thou God of my salvation;

my tongue shall rejoice in thy righteousness.

Lord, Thou shalt open my lips,

and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it;

with whole burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit;

a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Zion,

and let the walls of Jerusalem be built up.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblations and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar.

Section 3. The Incarnation

Ikos 7

Manifesting himself to us, who came into being by Him, the Creator revealed a new creation, for He budded from a womb without seed and preserved it as it was, incorrupt, that seeing the wonder we might sing her praises crying:

Rejoice, flower of in-cor-rup-tion,

Rejoice, crown of self-mas-ter-y.

Rejoice, for thou showest a bright image of the res-ur-rec-tion,

Rejoice, for thou revealest the an-gels' way_ of life. /

Re**joice**, tree of glorious fruit from which believers *are* **nour**ished,

Rejoice, wood with shady leaves under which man-y shel-ter.

Rejoice, for thou didst conceive a guide for those gone_ astray,

Rejoice, for thou didst bear a deliverer for cap-tives. /

Rejoice, intercessor with the just_ Judge,

Rejoice, forgiveness for many *who* stum-ble.

Rejoice, robe for those stripped of free-dom of speech,

Rejoice, love that conquers eve-ry long-ing.//

Rejoice, Bride with-out bride-groom.

Kontakion 7

Now that we have seen a strange birth, let us become strangers to the world, fixing our minds in heaven. For this the most high God appeared on earth as a lowly human, wishing to draw on high those who cry out to Him: Alleluia!

The uncircumscribed Word was fully present among things below and in no way absent from those on high. For it was God's condescension, and not a change of place, and birth from a Virgin filled by God, who hears these words:

Rejoice, enclosure of God who can-not be enclosed,

Rejoice, door of a hal-lowed mys-ter-y.

Rejoice, doubtful tidings for un-be-liev-ers,

Rejoice, undoubted boast for all be-liev-ers. /

Rejoice, all-holy chariot of Him who rides upon the Che-ru-bim,

Rejoice, best of dwellings of Him who is above the Ser-a-phim.

Rejoice, for thou bringest opposites to har-mo-ny,

Rejoice, for thou dost yoke childbirth and vir-gin-i-ty./

Rejoice, for through thee transgression has been *a*-bol-ished,

Rejoice, for through thee Paradise has been o-pened.

Rejoice, key of Christ's king-dom,

Rejoice, hope of e-ter-nal bless-ings. / /

Rejoice, Bride with-out bride-groom.

Kontakion 8

Every angelic being was amazed at the great work of Thy incarnation. For they saw the One who is Unapproachable as God, as a mortal approachable by all, living His life among us, while hearing from us all: Alleluia!

Eloquent orators we see dumb as fishes before thee, Theotokos. For they are at a loss to say how thou remainest Virgin, yet are able to give birth! But we, marvelling at the mystery, cry out with faith:

Rejoice, vessel of the wis-dom of God.

Rejoice, storehouse of *His* prov-i-dence.

Rejoice, who showest lovers of wisdom to be with-out wis-dom.

Rejoice, who provest those skilled in reasoning to be with-*out* rea-son. /

Rejoice, because subtle seekers have been made_fools.

Rejoice, because myth makers have been made to with-er.

Re**joice**, who tearest apart the webs of the *A*-**the**-nians.

Rejoice, who fillest full the nets of the Fish-er-men. /

Rejoice, who drawest up from the depths of ig-norance.

Rejoice, who enlightenest many with knowl-edge.

Rejoice, boat for those *who* want to be saved.

Rejoice, harbor for the sea-far-ers of life. //

Rejoice, Bride with-out bride-groom.

Kontakion 9

Wishing to save the world, the One who ordereth all things came to it of His own free will. And as God, being shepherd, for our sake He appeared as a man like us. For having called like to Like, as God He hears: Alleluia!

LITTLE LITANY

PRIEST: Again, and again, in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

Priest: Help us save us, have mercy on us, and keep us, O God, by Thy

grace.

CHOIR: Lord, have mercy.

PRIEST: Commemorating our most holy, most pure, most blessed and

glorious lady Theotokos and ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life unto

Christ our God.

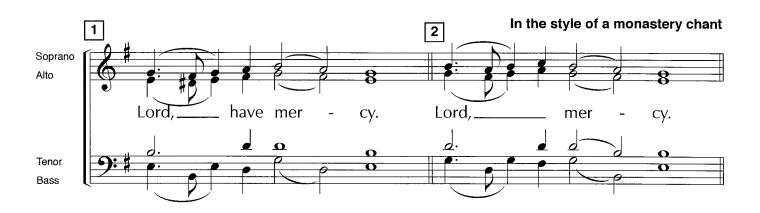
CHOIR: To Thee, O Lord.

PRIEST: For all the hosts of heaven praise Thee, and unto Thee do we

send up glory: to the Father, and to the Son, and to the Holy

Spirit, now and ever, and unto the ages of ages.

The Little Litany





CHOIR: Amen.

Section 4. On the Theotokos

Ikos 10

Thou art a wall for virgins, Virgin Theotokos, and for all who have recourse to thee. For, the Maker of heaven and earth made thee ready, O most pure, dwelling in thy womb and teaching all to call to thee:

Re**joice**, pillar of *vir*-**gin**-i-ty.

Rejoice, gate of sal-va-tion.

Rejoice, source of spiritual re-fash-ion-ing.

Rejoice, giver of divine lov-ing-kind-ness./

Rejoice, for thou gavest new birth to those *con-*ceived in shame.

Rejoice, for thou gavest counsel to those robbed of un-der-stand-ing.

Rejoice, who destroyest the *cor*-rupt-er of minds.

Rejoice, who gavest birth to the sower of pu-ri-ty./

Rejoice, bridal chamber of a mar-riage without seed.

Rejoice, who unitest be-liev-ers to the Lord.

Rejoice, fair nursemaid of vir-gins.

Rejoice, bridesmaid of ho-ly souls://

Rejoice, Bride with-out bride-groom.

Kontakion 10

Every hymn fails that seeks to match the multitude of Thy many mercies. For even if we offer Thee, O holy King, songs equal in number to the sand, we achieve nothing worthy of what Thou hast given us, who cry to Thee: Alleluia!

We see the holy Virgin as a lamp that bears the light, shining for those in darkness. For kindling the immaterial Light she guides all, to divine knowledge, enlightening the mind by its ray, honored with this cry:

Rejoice, beam of the im-ma-te-ri-al sun,

Rejoice, ray of the moon that nev-er sets.

Rejoice, lightning flash that shines on souls.

Rejoice, thunder that ter-ri-fies the foe. /

Rejoice, for thou makest the enlightenment with man-y lights to dawn.

Rejoice, for thou makest the river with man-y streams to flow.

Rejoice, who prefigurest the *bap*-tis-mal font.

Rejoice, who takest away the filth of sin. /

Rejoice, bath that washes clean the con-science.

Rejoice, bowl in which the wine *of* joy is mixed.

Rejoice, scent of Christ's fra-grance.

Rejoice, life of mysti-cal feast-ing. / /

Rejoice, Bride with-out bride-groom.

Kontakion 11

Wishing to give release from ancient offenses, the Creditor of all mankind came of Himself to those who were exiled from His grace, and having torn up their bond He hears from all as follows: Alleluia!

Ikos 12

Thy Offspring we sing and all raise to thee our hymn as a living temple, Theotokos. For having dwelt in thy womb, the Lord who holds all things in His hand sanctified, glorified and taught all to cry out to thee:

Rejoice, tabernacle of God_ the Word Rejoice, greater Holy of Ho-lies.
Rejoice, Ark gilded by the Spir-it,
Rejoice, inexhausti-ble treas-ure of life./
Rejoice, precious diadem of Or-tho-dox kings,
Rejoice, honored boast of de-vout priests.
Rejoice, unshakea-ble tow-er of the Church,
Rejoice, unbreachable wall of the King-dom. /
Rejoice, through whom tro-phies are raised,
Rejoice, through whom en-e-mies fall.
Re-joice, beal-ing of my flesh,
Rejoice, sal-va-tion of my soul. //
Rejoice, Bride with-out bride-groom.

Kontakion 12

O Mother, all-praised, who gavest birth to the Word, the Holiest of all Holies, accepting our present offering, deliver us all from every, disaster and rescue from the punishment to come those who cry out together, Alleluia! [This kontakion is read 3x].

Ikos 1

A prince of the angels was sent from heaven, to say to the Theotokos, 'Rejoice!' And as, at his bodiless voice, he saw Thee, Lord, embodied, he was astounded and stood still, crying out to her like this:

Rejoice, thou through whom joy will shine out,
Rejoice, thou through whom the curse will cease.
Rejoice, recalling of fall-en Ad-am,
Rejoice, redemption of the tears of Eve. /
Rejoice, height hard to climb for hu-man thoughts,
Rejoice, depth hard to scan even for an-gels' eyes.
Rejoice, for thou art a throne for the King,
Rejoice, for thou dost carry the One who carries all. /
Rejoice, star that makes vis-i-ble the Sun,
Rejoice, womb of divine in-car-na-tion.
Rejoice, thou through whom cre-a-tion is renewed.
Rejoice, thou through whom the Cre-a-tor becomes a babe.//

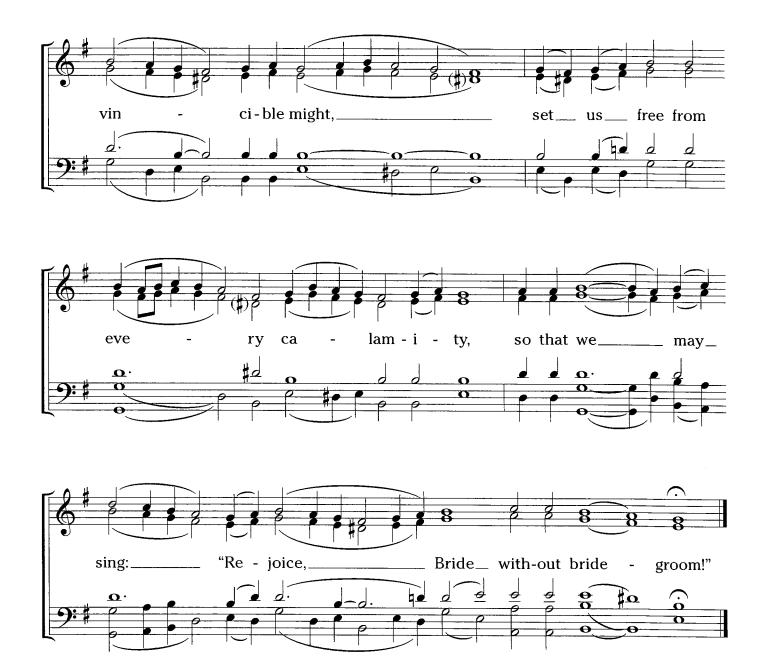
THE KONTAKION - TONE 8

O victorious leader of triumphant hosts! We, thy servants, delivered from evil, sing our grateful thanks to thee, O Theotokos! As thou dost possess invincible might set us free from every calamity so that we may sing: "Rejoice, O unwedded Bride!"

Rejoice, Bride with-out bride-groom.

O Victorious Leader - A





Akathist to the Most Holy Theotokos $-\mathcal{B}$



Reader: Holy God! Holy Mighty! Holy Immortal! Have mercy upon us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever and unto the ages of ages. Amen.

O Most-holy Trinity, have mercy upon us. O Lord, blot out our sins. O Master pardon our iniquities. O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever and unto the ages of ages. Amen.

Our Father Who art in the heavens, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

PRIEST: For Thine is the Kingdom, and the Power, and the Glory: now and ever and unto the ages of ages.

READER: Amen. To Thee, the Author of all Creation, the Universe offers the God-bearing Martyrs as first-fruits of nature. Wherefore by their supplications preserve Thy Church in perfect peace through the Theotokos, O Most-merciful Lord.

Lord, have mercy. (12x)

Thou Who at every season and every hour, in heaven and on earth, art worshipped and glorified: O Christ our God, Who art long-suffering, merciful, and compassionate; Who lovest the just and showest mercy upon the sinner; Who callest all to salvation through the promise of blessings to come; O Lord in this hour receive our supplications and direct our lives according to Thy commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil, and distress. Surround us with Thy holy angels, that guided and guarded by them, we may attain to the unity of the faith and to the knowledge of Thine unapproachable glory, for blessed art thou unto ages of ages. Amen.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto the ages of ages. Amen.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim: without corruption thou gavest birth to God the Word: true Theotokos, we magnify thee.

In the name of the Lord, father, bless.

PRIEST: God be bountiful unto us, and bless us, and show us the light

of His countenance, and be merciful unto us.

Reader: Amen.

PRAYER TO THE THEOTOKOS

O Lady, Bride of God, spotless, blameless, pure and immaculate Virgin, thou who without corruption, by thy glorious birth-giving, hast united God the Word to man and joined the fallen nature of our race to heavenly things; who alone art the hope of the hopeless, the help of those who do battle; the ready help of those who flee unto thee and the refuge of all Christians: Despise me not, an accursed sinner, though I have rendered myself unworthy by my shameful thoughts, words and deeds, and through indolence have become a slave to the pleasures of life; but as the Mother of God, who lovest mankind, mercifully have compassion upon me, a sinner and a prodigal, and receive my prayer, though it be offered unto thee by unworthy lips; and using Thy boldness as a mother, importune Thy Son, our Lord and Master, that He may open to me also the tender compassions of His goodness so as to overlook my numberless transgressions and turn me to repentance and show me forth as a zealous doer of His commandments. And because thou art merciful, compassionate and benevolent, be thou ever near me in this present life as an ardent help and protection, defending me from the assaults of adversaries and leading me to salvation. And at the time of my departure from this life, care for my miserable soul, and drive far from it the dark visions of evil demons; and in the fearful Day of Judgment. deliver me from eternal punishment, and present me as an inheritor of the ineffable glory of Thy Son, our God. May this be my lot, O Lady, most holy Theotokos, through thy mediation and help, through the grace and love toward mankind of thine only-begotten Son, our Lord, and God, and Saviour, Jesus Christ, to Whom are due all glory, honor and worship. with his unoriginate Father, and His All-Holy, and good, and life-giving Spirit, now and ever, and unto ages of ages.

PRAYER TO CHRIST

And grant unto us, O Master, when we depart to sleep, repose of body and soul; and protect us from the murky sleep of sin and from all the dark pleasures of the night. Calm the impulses of passions, and quench the fiery darts of evil which are craftily thrown against us; check the turbulence of our flesh, and still all earthly and material thoughts. And grant us, O God, a prudent reason, a vigilant heart, a tranquil sleep free from all the fantasies of Satan. Raise us up again at the time of prayer strengthened in Thy commandments, holding steadfastly within us the remembrance of Thy judgments. Grant us grace to glorify Thee all through the night that we may praise, and bless, and glorify Thine all-honorable and majestic Name, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Most glorious, Ever-virgin blessed Theotokos, present our prayer to thy Son and our God, and pray that through thee He would save our souls.

My hope is the Father, my refuge the Son, my shelter the Holy Spirit. O Holy Trinity, glory be to Thee.

Unto thee do I commit mine every hope, O Mother of God; guard me under thy shelter.

Choir: All of creation rejoices in thee, O Full of Grace, the assembly of Angels and the human race. O sanctified temple and spirritual paradise, the glory of virgins, from whom God was incarnate and became a child, our God before all ages. He made thy body into a throne, and thy womb He made more spacious than the heavens. All of creation rejoices in thee, O Full of Grace. Glory to thee!

DISMISSAL

PRIEST: Glory to Thee, O Christ, our God and our hope, glory to Thee!

Choir: Glory to the Father, and to the Son and to the Holy Spirit, both now and ever and unto the ages of ages. Amen.

Lord, have, mercy. (3x)

Father bless.

PRIEST: May Christ our true God, through the prayers of his most pure mother; of the holy glorious and all-laudable apostles; of saint (Of the church); of saint, whom we commemorate today; of the holy and righteous ancestors of God, Joachim and Anna; and of all the saints: have mercy on us and save us, for He is good and loveth mankind.

CHOIR: Amen.

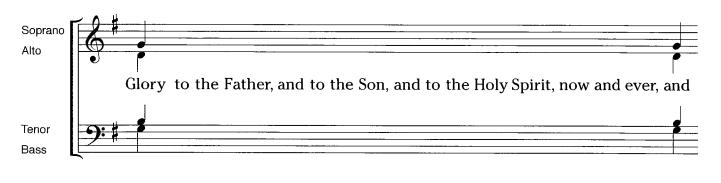
All of Creation

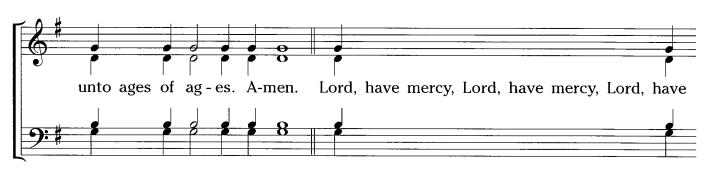


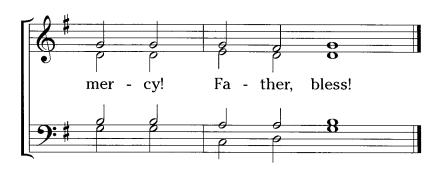




Glory... now and ever... A







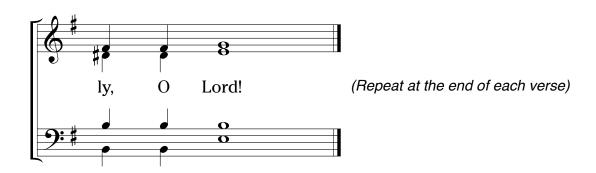
Dismissal - B



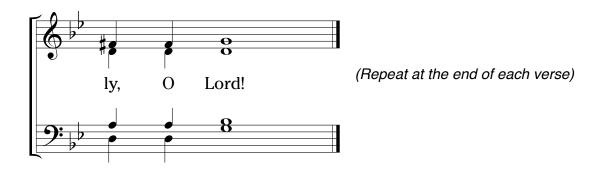
Save Me Before I Perish

(Refrains at "Lord, I call")









HAMN'S FOR OR THE

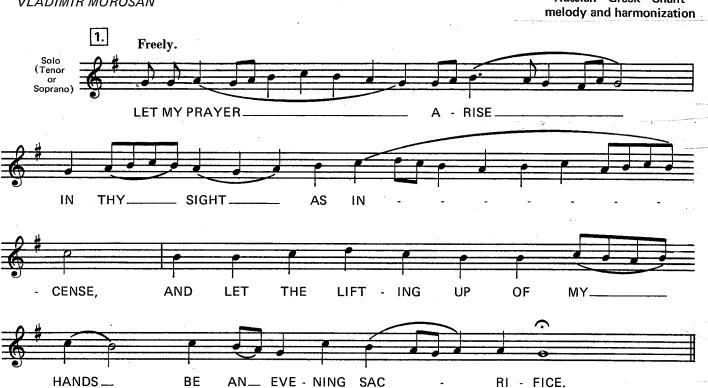
(AT THE LITURGY OF PRE-SANCTIFIED GIFTS)

The practice of using a trio to sing Let My Prayer Arise during the Liturgy of the Pre-Sanctified Gifts is a fairly recent innovation, which developed in the Russian Church in the last 200-250 years. The present edition aims to restore a more ancient manner of performing this hymn, as specified in the Orthodox Typikon. The chanting of the soloist must be simple and straightforward without extreme dramatic or theatrical effects. The soloist should stand in the center of the church while he sings the verses and should kneel while the chorus sings the refrain.

The present musical setting of this hymn appears on the recording Choeurs Monastiques Russes [Russian Monastic Choruses], Volume 1, EDICI 41040, performed under the direction of Nicholas Ossorguine of the St. Serge Theological Institute in Paris, France. The refrain, sung on the recording by a male chorus, has been arranged for mixed chorus. All tempo and dynamic markings have been added by the editor.

Set in English and arranged by VLADIMIR MOROSAN

ANONYMOUS Russian "Greek" Chant



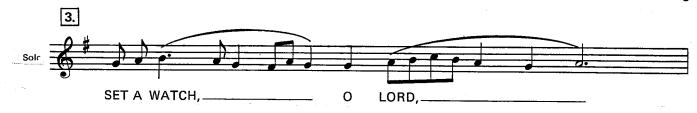
REFRAIN (after each verse):



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5. Soloist repeats half of verse 1, through . . . "as incense;" Chorus then concludes from ". . . and let the lifting up . . . "

Let My Prayer Arise

(REFRAIN)

Common (Kievan) Chant

Soprano
Alto

Let my_prayer__ a - rise in Thy sight as in - cense,

Tenor
Bass

and let the lift-ing up of my hands be an eve-ning sac - ri - fice!

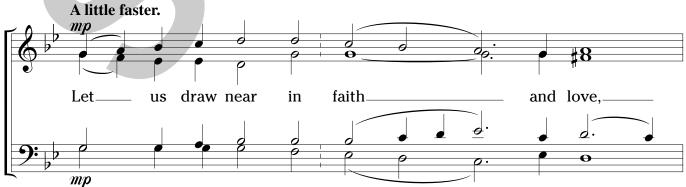
Let My Prayer Arise





Now the Powers of Heaven



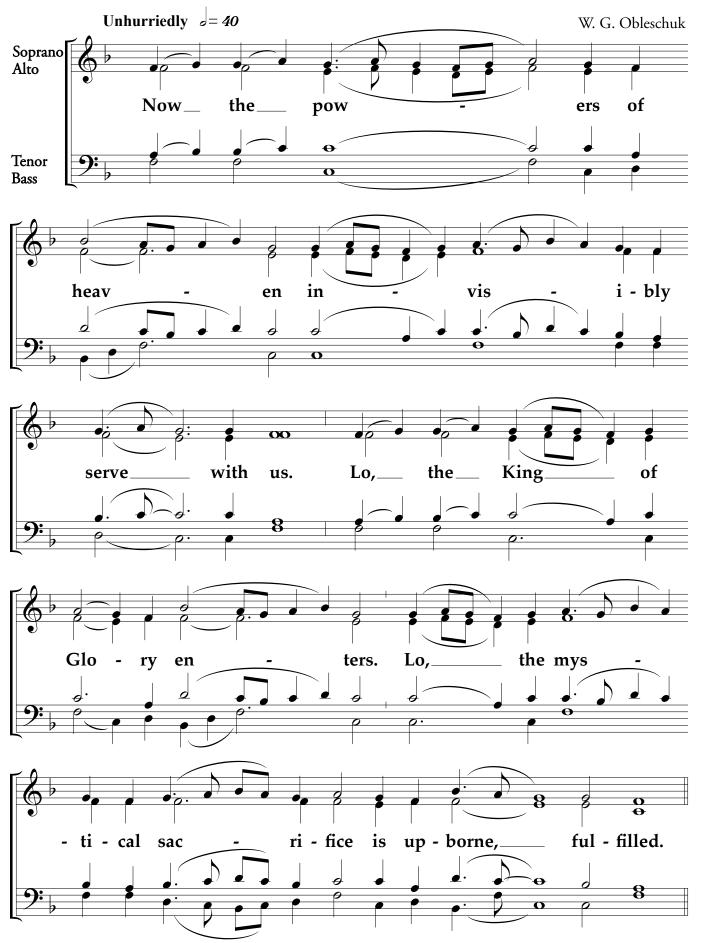




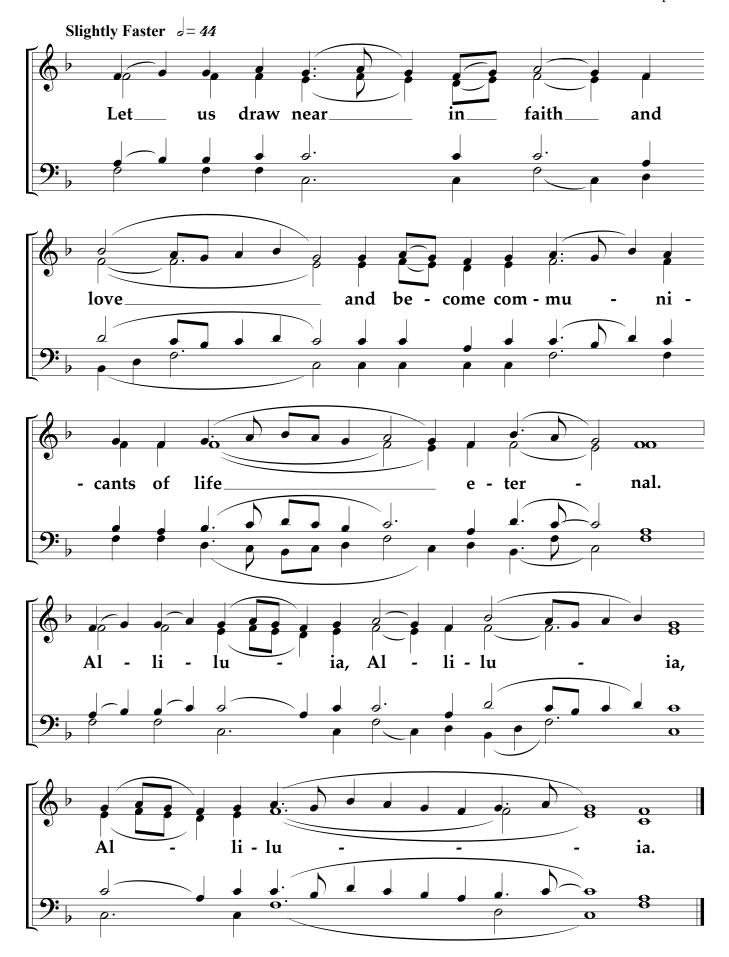
poco a poco diminuendo

pp

Now the Powers



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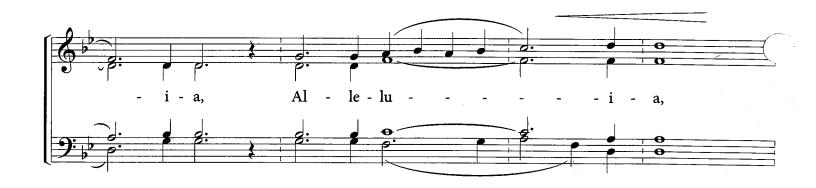
Now the Powers of Heaven

From the Liturgy of the Presanctified Gifts

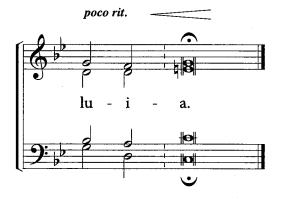


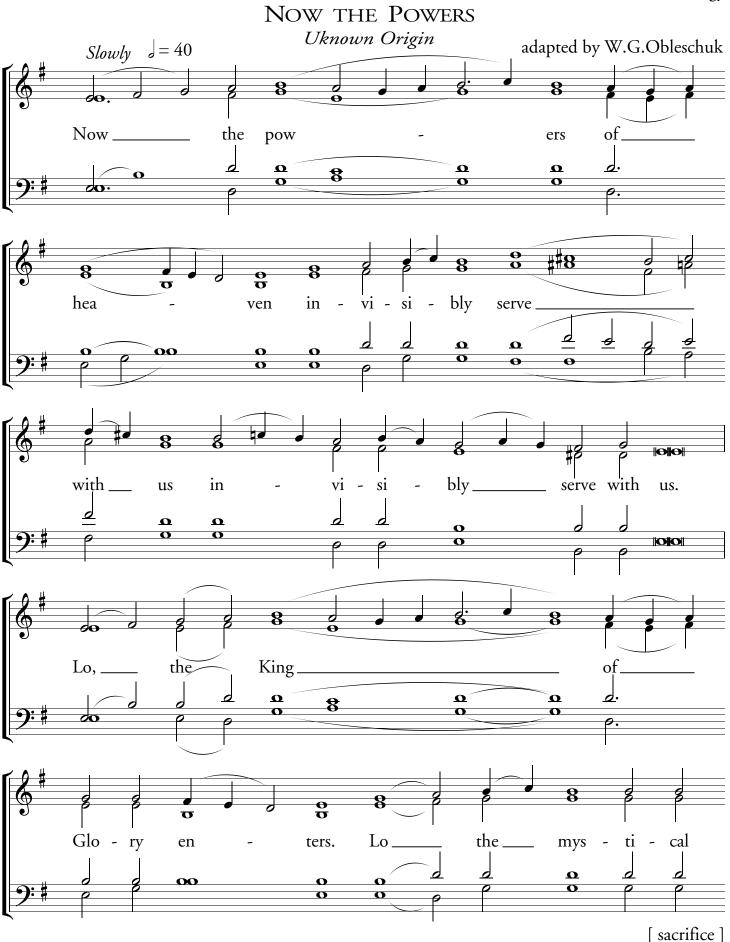










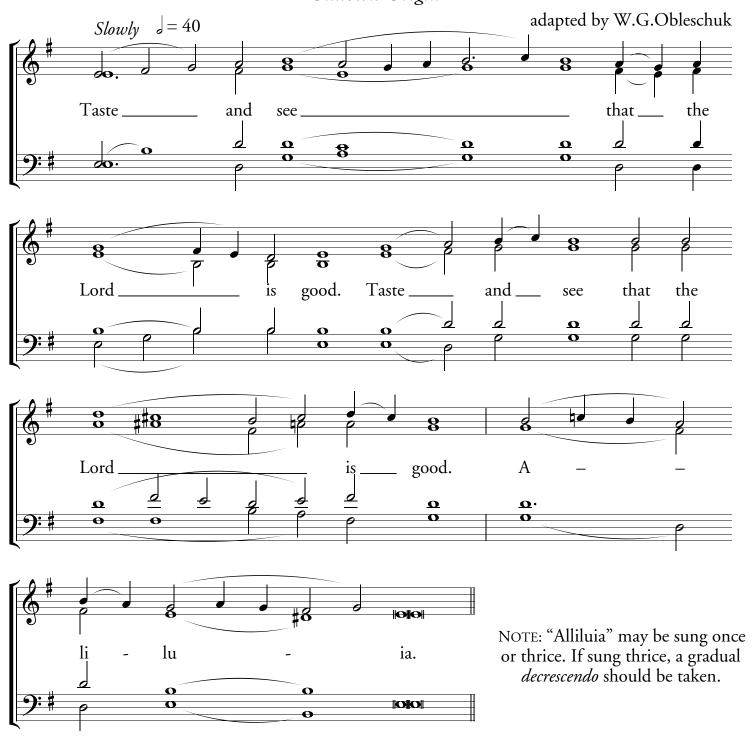


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NOTE: "Alliluia" may be sung once or thrice. If sung thrice, a gradual decrescendo should be taken.

TASTE AND SEE Uknown Origin



Now the Powers of Heaven





Now the Powers of Heaven



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Now the Powers of Heaven



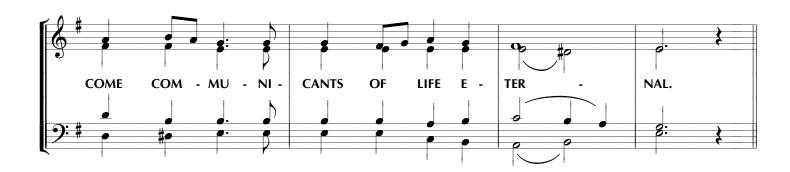


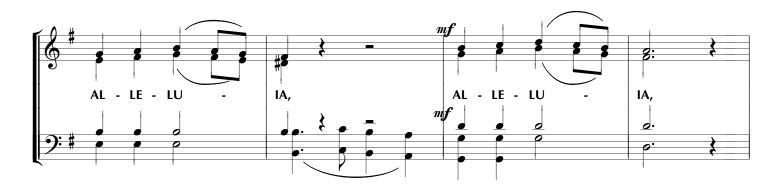
Now the Powers

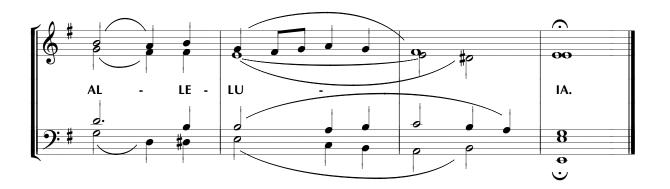


Faster tempo (after entrance)









Fountain of Immortality

Shared Melodies of the Eucharistic Portions

of the Divine Liturgy

CUP OF ETERNAL LIFE : FOUNTA he practice of singing Cherubika and Koinonika to the same melody, as has been observed in a variety of traditions, is not accidental. The 1904 L'vov Irmologion¹ stipulates the following rubric: "The Cherubic Hymn and '... we pray unto You, our God' and the Communion Hymn are commonly sung to these [melodic] patterns. . ." Particularly interesting is the middle clause of the rubric, which states that the "...we pray unto You, our God" (... молимтисы Боже нашть) from the "We praise You..." (Тебе поемъ...) at the epiclesis is to be sung to the same melody as the Cherubikon and Koinonikon. Indeed, this little-known rubric should stimulate thought, discussion, and additional research into this liturgical practice.2

The Value of Rubrics

Before examining the content of this rubric, let us review the purpose of rubrics in general. These valuable instructions provide the information needed to conduct the services in an orderly fashion. Rubrics can appear in collections, as in a Typikon, or interspersed in books of liturgical texts or music. In general, unless an author/editor/compiler is exceptionally thorough and includes instructions for every action, the obvious is not noted. Rubrics act as reminders for faulty memories and indicate that which is out of the ordinary. including local customs and new(er) or older practices. These helpful instructions assist in bringing to life the services, which are found as words on a page, and making them a part of the liturgical reality of the Church in time and space. Rubrics are also beneficial to liturgical historians in their study of the evolution of the services.

The above-stated rubric emphasizes through melody the link that exists between three important events in the course of the Divine Liturgy: the offering of the Holy Gifts, their consecration, and the receiving thereof by the clergy and faithful. The Cherubikon is sung at the Great Entrance as the Gifts are transferred from the table of oblation to the altar table, where the consecration will shortly take place. The "... we pray unto You, our God," the second half of "We praise You...," is sung during the

consecration itself. The final element of this rubric, the Koinonikon (Communion Hymn), is sung just prior to the distribution of the consecrated Gifts to the clergy, and soon thereafter to the people.

Common Melodies between Cherubika and Koinonika

To many, the practice of singing the Cherubikon and Koinonikon to the same melody is unfamiliar. Yet the Offertory Hymn and Communion Hymn are often sung to the same melody and/or setting during Great Lent in the Liturgy of the Presanctified Gifts (often remnants of older liturgical practices are preserved in the services of Great Lent³). Shared melodies for both hymns appear in a variety of chant traditions covering a wide geographical area, including Russian, Galician (Western Ukrainian), Carpathian, and Valaamite chants. It is highly unlikely that this practice should have spontaneously appeared in all of these areas, which are separated by both distance

and ecclesiastical structure. It is more likely that this was a widespread older practice that has been preserved during this liturgical season.

Additional evidence that this is an older practice that. has largely fallen into disuse can be gleaned from the fact that it is common to sing the Cherubikon and Koinonikon to the same melody in the Carpathian tradition to this day. The churches in Carpatho-Rus' and Western Ukraine, although influenced by the reforms carried out in Russia by Patriarch Nikon in the seventeenth century, were not subject to these reforms. Therefore, the singing and the liturgical practices, although similar to contemporary Russian practice in general, have maintained the older customs in some cases. In fact, these non-Russian singing traditions provide valuable insight into the development and evolution of the liturgical singing of the Eastern Slavs.

In the mid-seventeenth century, Russian and Ukrainian church singing shifted drastically from monophony and indigenous polyphony centered on chant melodies to Western-style part singing and compositions. Up until the resurgence of interest in the ancient chants in the late nineteenth/early twentieth centuries, if not to the present, the tendency has been to favor through-composed Cherubika over chant-based settings. Contemporary Russian collections of Divine Liturgy music abound in composed settings of the Cherubic Hymn, particularly those by Bortniansky, Lomakin, and others.

Yet the practice of singing the Cherubikon and Koinonikon to the same melody outside of Lent has remained in the Russian tradition. This is most clearly

evident in the Obikhod notnago peniia4 (Moscow: Synodal Publishing House, 1909). Seven different shared melodies appear for Cherubika and Koinonika, according to the day of the week.5 This set of melodies extends the Cherubikon/Koinonikon melodic association beyond the context of a single Liturgy to include daily and festal commemorations throughout the liturgical year.6

he practice of a shared me ody ... reinforces the continuum of our offering of the antitypes of the Body and Blood of Christ.

Liturgy Today

In the Byzantine tradition, melodies exist enabling the Divine Liturgy to be sung according to the eight tones. The appropriate tone is determined by the tone of the Apolytikion (Troparion) of the day or feast.⁷ The Cherubikon, "... and we pray unto You, our God," and the Koinonikon, therefore, would be sung to similar melodies. The practice of singing the Liturgy in melodies of the same tone gives the service a musical cohesiveness that is

Practical Considerations for

sometimes lacking when a service is pieced together from works of various styles and composers.

To illustrate how the abovestated rubric can be applied musically, in this issue of PSALM Notes we have published a set of three compositions inspired by my research on this topic and based on the Cherubikon melody #2 found in the Obikhod notnago peniia. Other settings based on the Cherubikon and

Koinonikon melodies found in this volume have been made by various Russian composers of the past hundred or so years, the greatest concentration of which has been published in the Notnyi sbornik pravoslavnogo russkogo tserkovnogo peniia. Tom 1-i. Bozhestvennaia Liturgiia (London, 1962). To date, much of this material is widely available only in Slavonic.

The Anaphoral Component

While evidence exists linking the melodies of Cherubika and Koinonika, the practice of singing the "... we pray unto You, our God" to a shared melody is more obscure. In contemporary practice, the musical setting of "We praise You..." is generally a thematic continuation of the Anaphora. It seems that even among those who practice singing the Cherubic Hymn and Communion Hymn to a shared melody, few if any sing "... we pray unto You, our God" to the same melody.

In examining melodies for "We praise You..." from a variety of Slavic traditions, one finds that many of the melodies had similar characteristics. There was a predominantly syllabic relationship between the text and the melody for the first half of the text: "We praise You, we bless You, we give thanks unto You, O our God ..." The concluding portion of the text, "... we pray unto You, our God," was set in a more ornate manner by virtue of the use of melisma and text repetition. One explanation for the elongation of this portion of the text may be an attempt to coordinate its duration with that of the epiclesis prayers, particularly in those traditions where these prayers are inaudible to the congregation. This, however, raises the question of why the entire "We praise You ..." was not set in a repetitive and/or melismatic fashion, but was divided into two distinct parts. Another possibility is that this final portion of the text was sung to melodies shared with Cherubika and/or Koinonika.

Conclusion

Melody can invoke strong connotations. Hearing particular melodies reminds one of certain feasts or liturgical seasons.8 Without further research, it is unclear whether the rubric included in the L'vou Irmologion was an attempt to revive a forgotten practice or to inaugurate a new liturgical tradition. In either case, the practice of a shared melody for these three eucharistic portions of the Liturgy is sound liturgically. It reinforces through melody the continuum of our offering of the antitypes of the Body and Blood of Christ,9 the calling down of the Holy Spirit to change our ordinary offering into the All-Holy, and our receiving of this vivifying Fountain of Immortality.

This book goes well beyond the normal scope of an Irmologion, which by definition consists of the irmosi of kanons. In addition to irmosi, the L'vov Irmologion contains stichera and other material from the Octoechos, Menaion, Lenten Triodion and Pentecostarion, making it an invaluable source of material with which to sing Vespers and Matins for the entire year. Although eleven melodies with which to sing Cherubika are included, the Divine Liturgy is for the most part not represented.

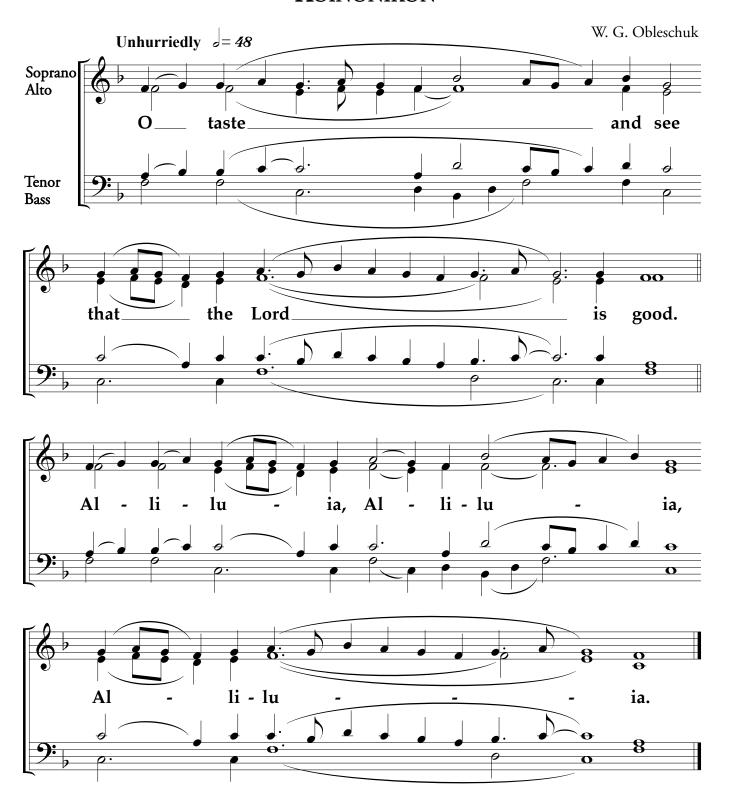
At the time of publication Lviv (L'vov), the largest city in western Ukraine, was separated from the centers of the Russian Church

O Taste and see

(Communion Hymn at the Liturgy of Presanctified Gifts)



Koinonikon



PSALM 33
I Will Bless the Lord at All Times

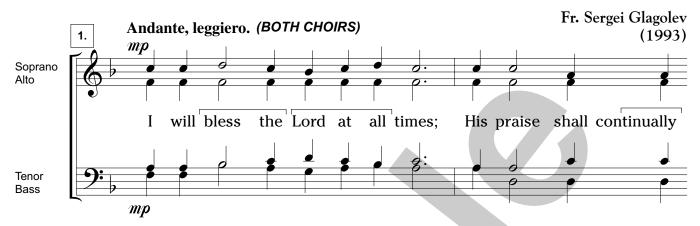


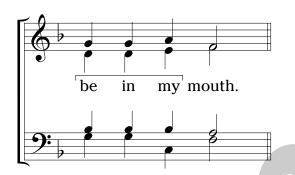




Psalm 33 [34]

Sing antiphonally, with both Choirs joining together on verses 1, 8, and 10.



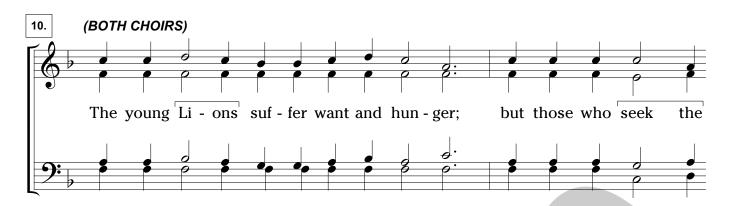










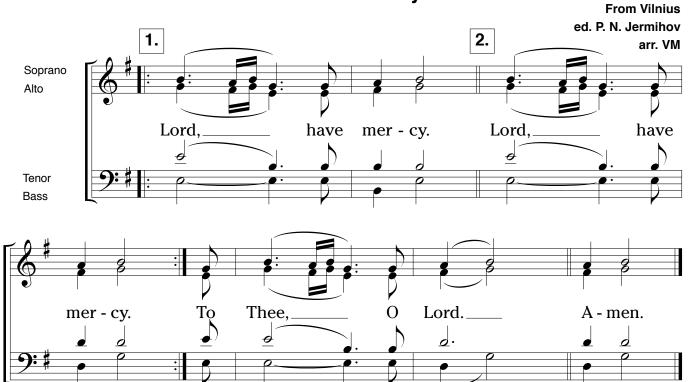


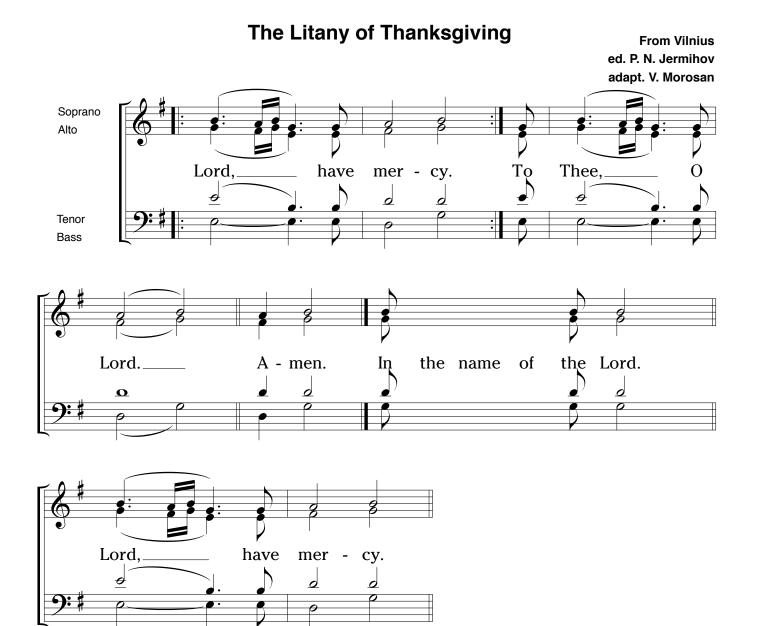


The Great Litany



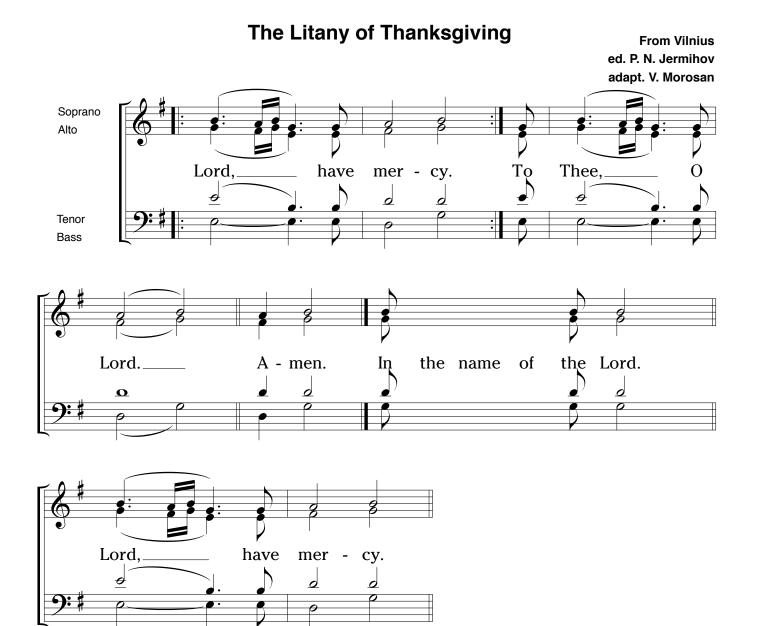
The Little Litany











HAMÍS FOR ORTHODOX LITURGA THE ORTHODOX LITURGA

A MERCY OF PEACE NO. 1

(THE ANAPHORA FOR THE LITURGY OF ST. BASIL THE GREAT)

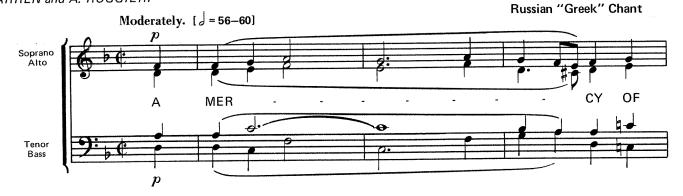
Evstafy Stepanovich Azeev (1851-1918) was associated for much of his life with the Russian Imperial Court Chapel in St. Petersburg. Upon graduating from the Chapel's music school, he continued to work there as a teacher of singing and associate conductor. His compositional output of liturgical music numbers over 50 works, including chant harmonizations and free compositions.

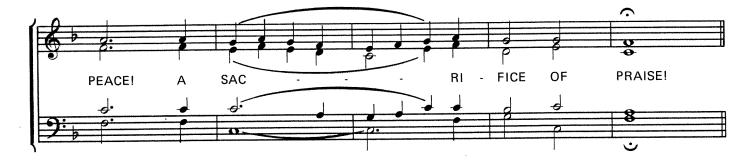
The setting of A Mercy of Peace No. 1 is based on a chant found in the Obikhod Notnago Peniia [Common hymns in staff notation], Vol. 2 (Moscow: Sinodal'naia Tipografiia, 1900) pp. 26-26v. While Azeev identifies this melody as a Russian "Greek" Chant, the Obikhod terms it a Kievan Chant; the discrepancy may be explained by the fact that the melodic characteristics of both types of chant are very similar. This particular melody, which appears in the soprano throughout the harmonization, is quite long, in order to cover the lengthy prayers of the Eucharistic Canon read silently by the celebrant during the Liturgy of St. Basil the Great.

The present edition is based on the original Slavonic version (for small chorus) published in the composer's lifetime. (There is also a version for large chorus.) All of the composer's tempo and dynamic markings have been retained. Editorial additions are enclosed in brackets. The setting of the response "And all mankind," added by the editors, was patterned after Azeev's harmonization.

EVSTAFY AZEEV (1851-1918)

Set in English and edited by J. WARREN and A. RUGGIERI Op. 7 Harmonization of

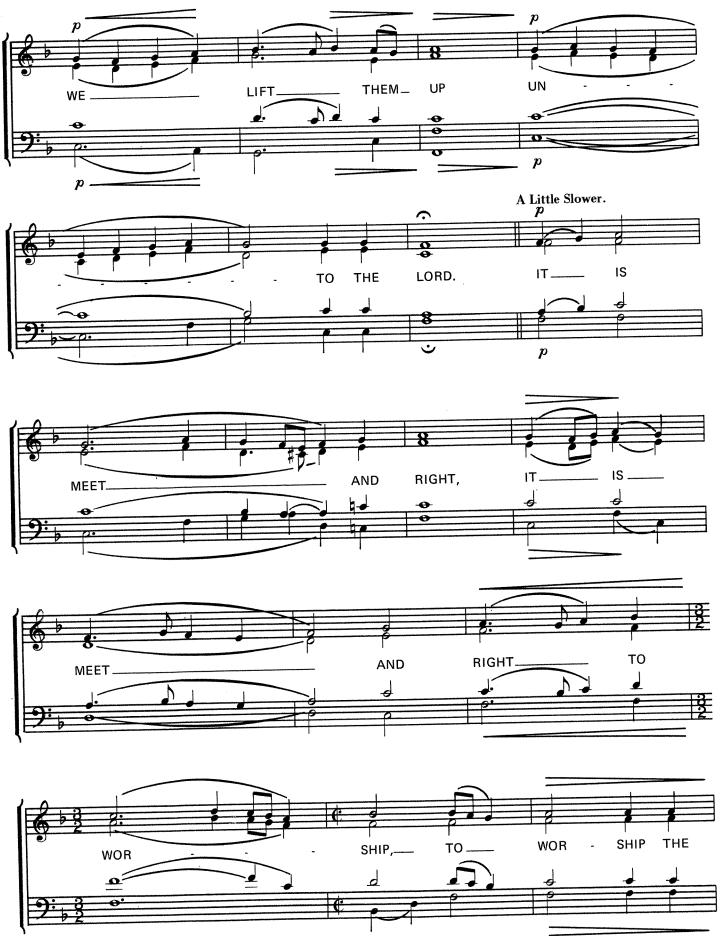


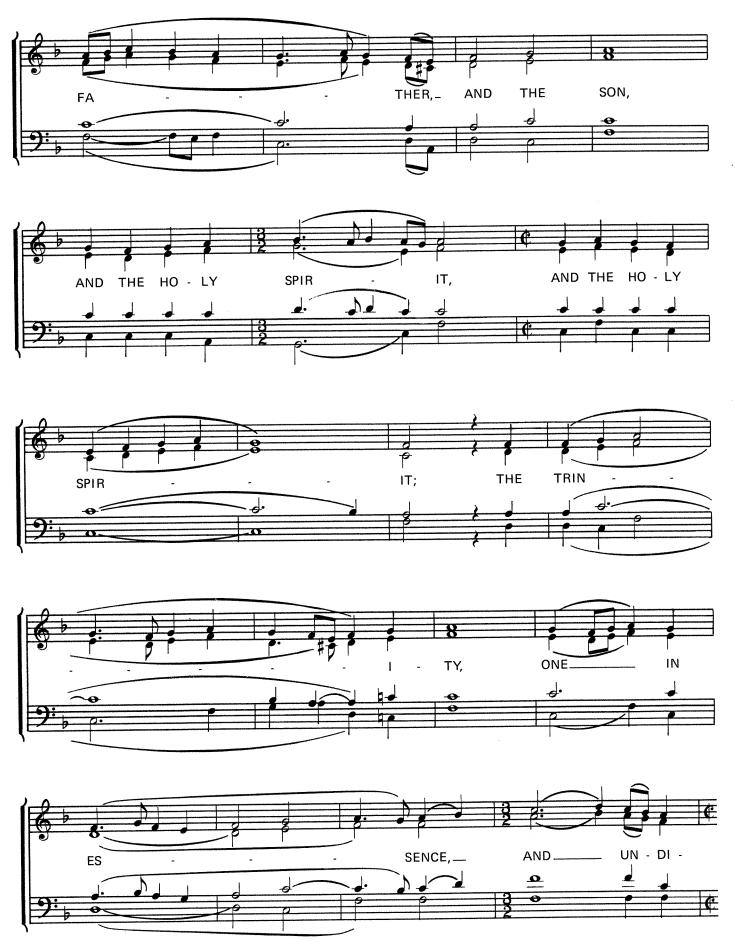


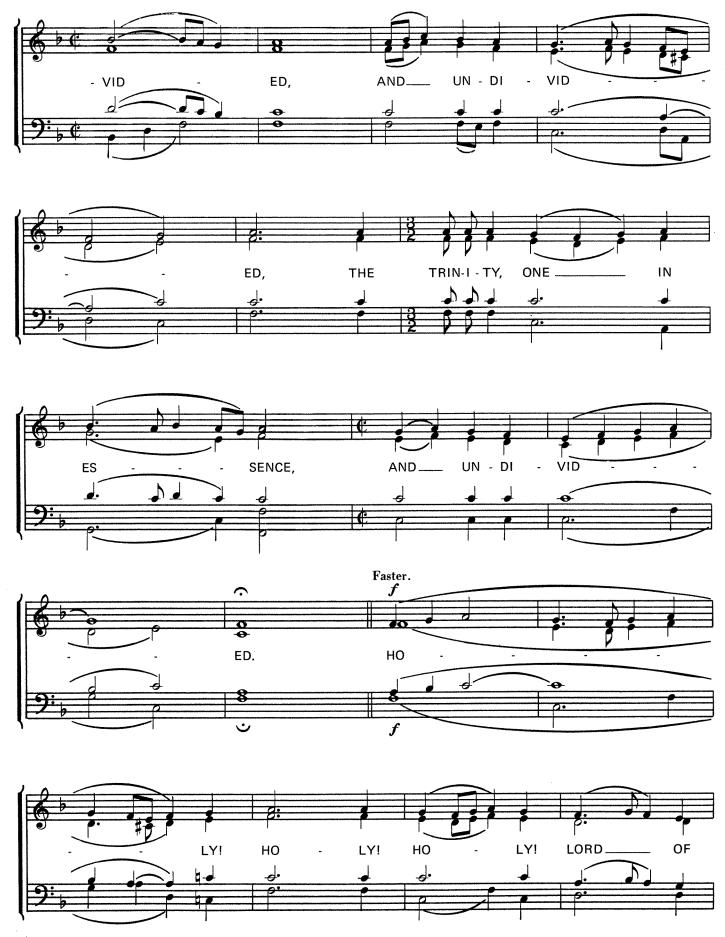


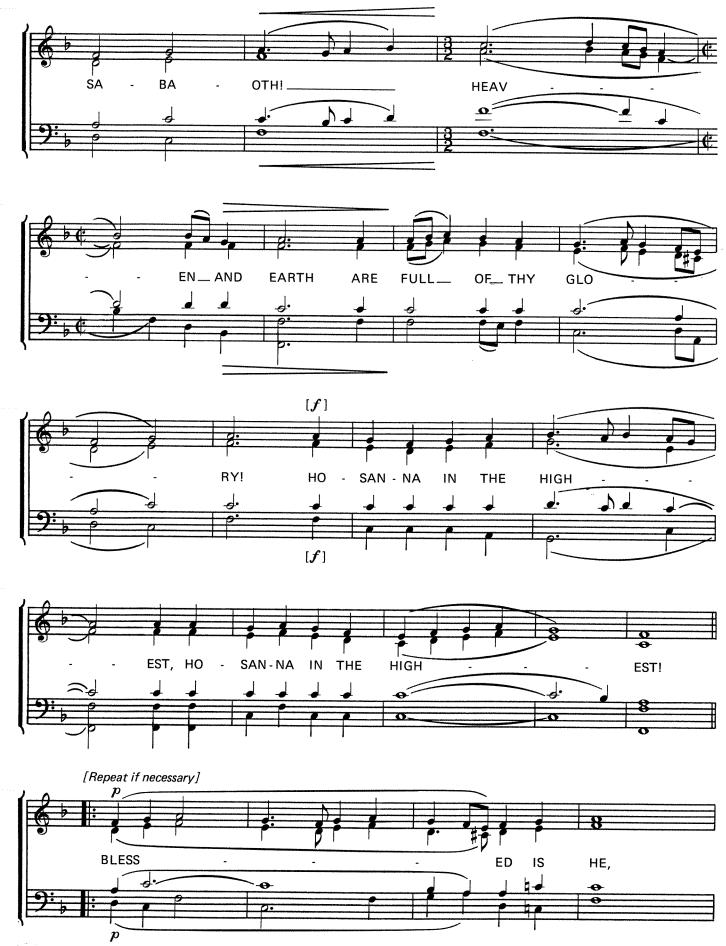
041/1-9

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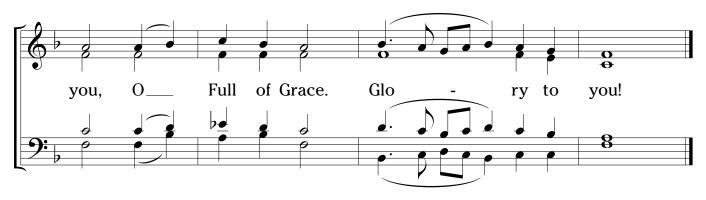




All of Creation







All of Creation Rejoices

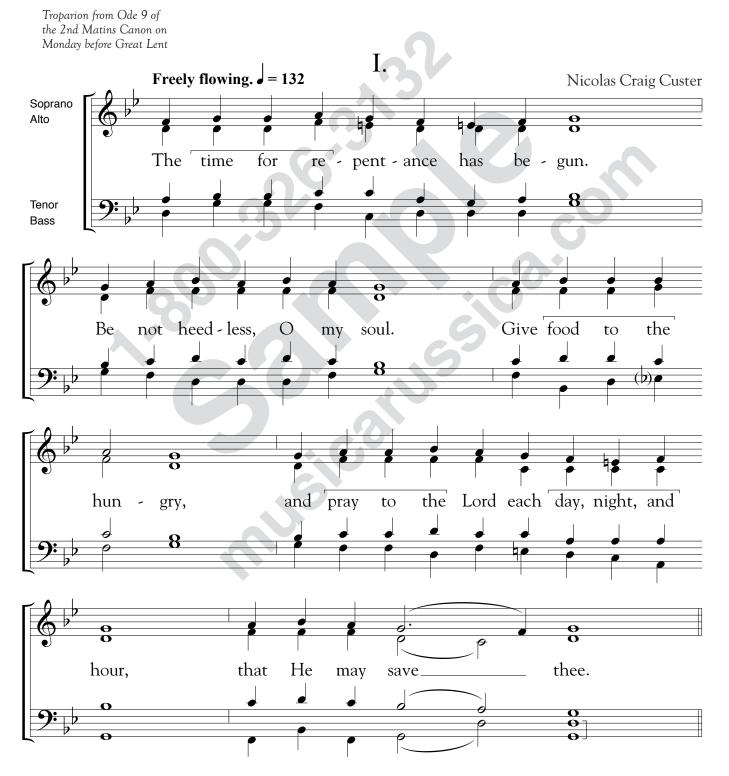




The Time for Repentance

Nicolas Craig Custer, born 1960, has 40 years' experience conducting choirs in Eastern Orthodox churches. His compositional aim has been to craft liturgical music within the Slavic tradition, but which reflects his own sensibilities as a contemporary American.

"The Time for Repentance" is sung during the preparatory period for Lent, while the text of "The Day of the Lord" is taken from St. Peter. Both pieces conclude with an affirmation of Christian hope; they may be sung individually or together as a set.



Troparion from Ode 4 of the 1st Matins Canon on Thursday before Great Lent



The Day of the Lord

II Peter 3:10-13



