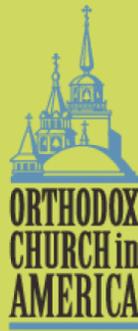


Let Your Light So Shine



Unit 1

Creation of the Stars

Lesson – 25 min

Explain that God created the entire world and that today you are going to learn about God creating light. Explain that in the beginning there was only darkness. If possible, turn off the lights and demonstrate the darkness that existed beforehand.

Show the icons of God creating the world as you guide them through the Bible story. Images can be found through a google search if you do not have the icons at your parish.

Then read Genesis 1:1-5.

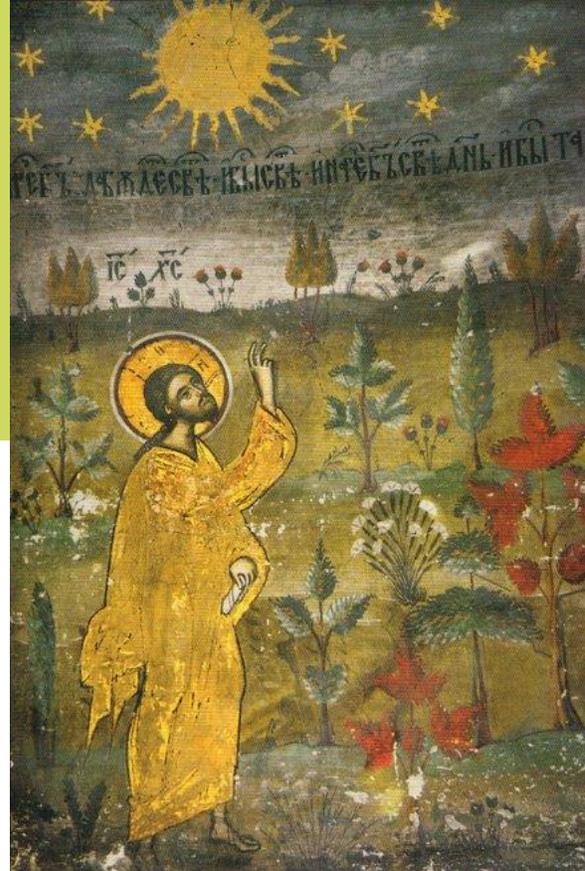
Explain that God created light. Turn on a flashlight or lamp to emphasize this. Explain that God did not only create light, He also created the sky and water, land and plants, and trees and fruit.

Read Genesis 1:14-19.

Explain that God created the sun, moon, and stars. He also created living creatures in the sky, on the land, and in the sea. God said creation was good, but He also created man and woman, and He said they were **VERY GOOD**. Explain that just like God created light and man, he calls his disciples to be a light in the world.

Read Matthew 5:14-16.

Ask how the students think they could be a light in the world. Take answers and give suggestions of helping others, inviting people to church, being kind, etc.



Lesson Activity

The Creation Song

<https://missionbibleclass.org/songs/english-songs/old-testament-songs/creation-song/>

Day 1, Day 1, God made light when there was none. (repeat)

Day 2, Day 2, God made clouds and skies so blue. (repeat)

Day 3, Day 3, God made flowers and grass and trees. (repeat)

Day 4, Day 4, sun and moon and stars galore. (repeat)

Day 5, Day 5, God made birds and fish alive. (repeat)

Day 6, Day 6, God made animals and man that day. (repeat)

Day 7, Day 7, God rested in His Heaven. (repeat)

Coloring Connection:

[Let-there-be-light.pdf \(ministry-to-children.com\)](#)

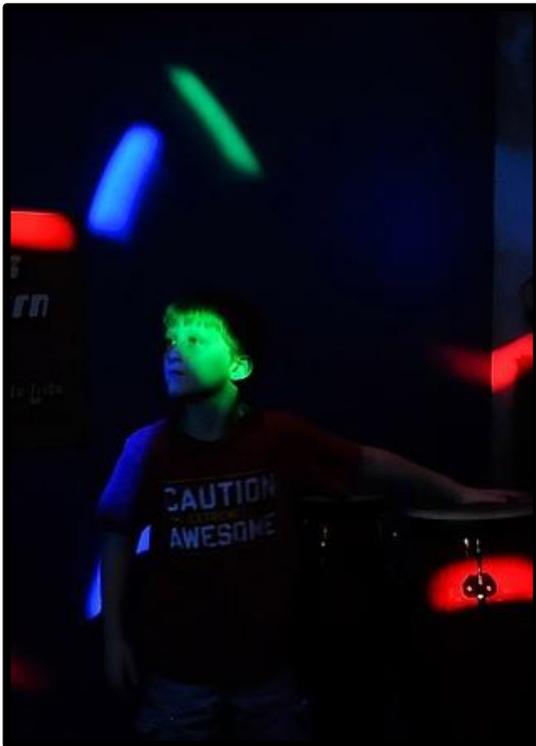
Games

Flashlight Freeze Dance - 10 min

Supplies Needed: flashlight, music

Start the music. Turn out the flashlight and students dance freely. When the flashlight is turned on, they freeze. If anyone moves, they are out and sit down. Last person standing gets to run the flashlight the next round.

To mix it up play different music styles and speeds or add more than one student with a flashlight so students are required to watch for more than one light to turn on.



Star Hopscotch – 15 min

Supplies Needed: sidewalk chalk if you can be outside, large cutout stars and tape if inside, small stones or coins

Before the lesson use chalk—or cut out stars and tape—to make a hopscotch board that instead of squares has the numbers in star shapes.

Play as you usually would hopscotch: students throw their stone or coin into a star, then hop through the board skipping the star with the stone/coin in it. They start with one and go through to ten. If there is a larger group of students, then more than one board could be made.



Kontakion of Theophany— Tone 4

Today You have shown forth to the world, O Lord, / and the light of Your countenance has been marked on us. / Knowing You, we sing Your praises. / You have come and revealed Yourself, / O unapproachable Light.

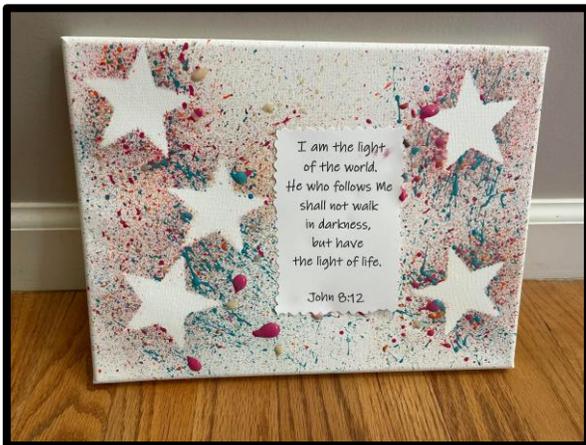
https://www.oca.org/files/PDF/Music/January/6_Jan_Kondak_Obikhod.pdf

Craft & Snack

Star Splatter Painting -25 min

Supplies Needed: canvas, cardstock with the verse "I am the light of the world. He who follows Me shall not walk in darkness but have the light of life." John 8:12 printed on it, assorted sizes of stars cut out of paper, neon glow in the dark paint, toothbrushes, cardboard boxes

Place canvas into cardboard box. Position the stars and tape them onto the canvas. Dip toothbrush bristles into paint then use your thumb to fan down the toothbrush bristles. This will cause the paint to splatter onto the canvas, creating tiny dots around the stars. Repeat with different colors as desired. Remove the star shapes. Glue cardstock verse onto center of canvas. Once completed the students can take their painting into the black light glow room to see it glow.



Star Cookies – 25 min

Supplies Needed: Prebaked sugar cookies in star shapes, neon icing colors, toothpicks, sprinkles (star sprinkles if possible)

Students spread neon icing colors onto their cookies, and using a toothpick swirl them to look like a galaxy. Then have them apply star sprinkles onto the cookies.

As students finish their snack, they could complete star pattern coloring pages like the following:

<https://coloring.info/christmas-for-adults-decorative-star-printable-coloring-pages-book-26210>



Ending – 5 min

Questions to ask: In the beginning what existed? (Darkness.) What did God create first? (Light.) What are we called to be? (Lights to the world.) Challenge students to leave the class and do something to be a light of the world that evening or the next day.